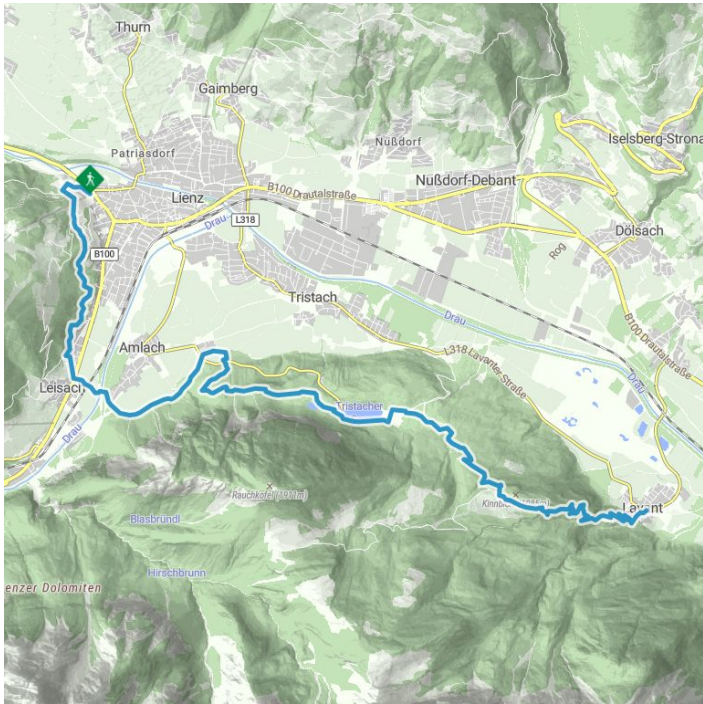


# Walter Mair Trail Lienzer Talboden - Stage 1



## Altitude profile



## The most important at a glance

distance  
14.3 km

altitude meters uphill  
504 m

altitude meters downhill  
513 m

total walking time  
5 h

highest point  
1046 m

difficulty  
easy

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

**starting point:** Talstation Hochsteinbahn  
**destination point:** Talstation Hochsteinbahn  
**best season:** APR, MAY, JUN, JUL, AUG, SEP, OCT  
**route typ:** circuit

## arrival

**Stop**

Lienz (Tirol) Hochstein/Schloss Bruck

Lavant (Osttirol) Ort

**Parking spot**

Car park Klammbrückl

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The nature trail from Castle Bruck to Leisach offers insights into the biodiversity of the local forest. Furthermore, you pass the natural monument "Old Lake", then climb up to Kreithof and finish the first stage on historical sites at Lavanter Kirchbichl.