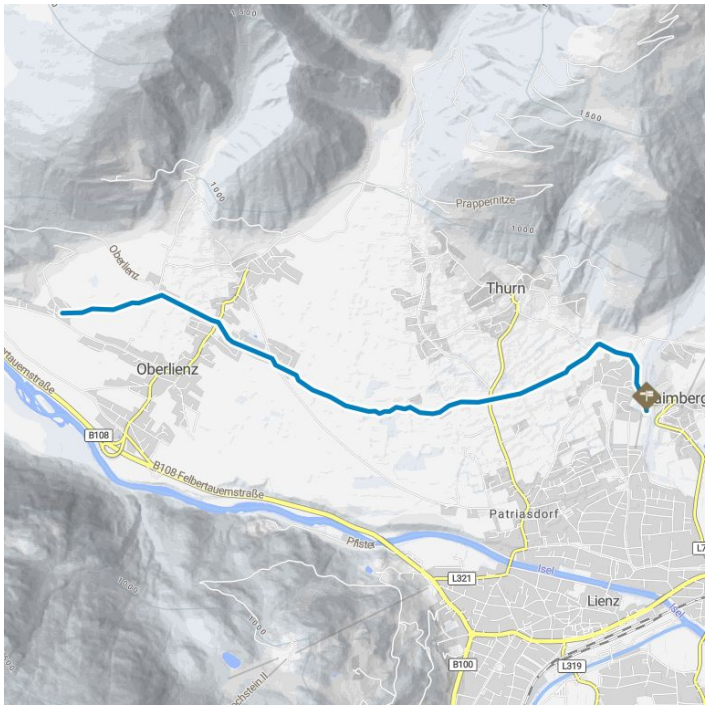
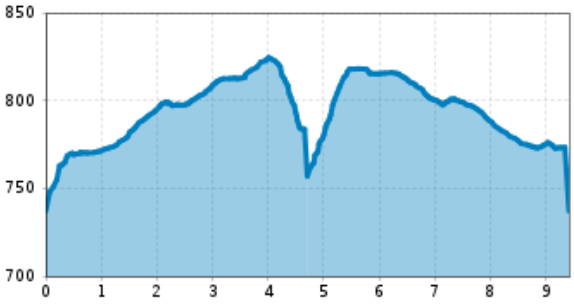
Themed path "Kneipp hiking trail"



Altitude profile



Themed path "Kneipp hiking trail"

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
9.5 km	180 m	95 m	2 h

walking time downhill	total walking time	highest point	difficulty
2 h	2 h	831 m	easy

public transport:

parking:

Mit dem Bus bis zur Bushaltestelle "Gaimberg Zettersfeldbahn".

Mit dem Auto über die Zettersfeldstraße hinauf bis zum Parkplatz von der Zettersfeldbahn.
Parkplatz Talstation Zettersfeldbahn

starting point: Zettersfeld Talstation
destination point: Oberlienz/Lesendorf
best season: MAY, JUN, JUL, AUG, SEP
route typ: buggy-friendly tour

arrival

Parking spot

Car park Zettersfeldstraße

Gpx file

download>

Interactive map

open>

Description

Priest Sebastian Kneipp can be described as being the pioneer of the wellness movement of today - his theses, which, above all else, served as preventative health care, are revealed on this themed trail. A stone labyrinth is a symbol for your route into your core, a healing herb garden, an arm bath and water treading facility as well as hiking bring visitors to this route closer to the 5 keystones of Priest Kneipp.