

Start your time journey through the former settlement area of the ancient Romans.

**Attention: The Mühlensteig Gödnach is temporarily CLOSED due to renovation work!**



## Altitude profile



## The most important at a glance

distance  
15 km

altitude meters uphill  
530 m

altitude meters downhill  
530 m

total walking time  
5 h

highest point  
1180 m

difficulty  
easy

state:  
Teilw. Geöffnet

fitness:



technique:



public transport:

From the train station in Lienz, take the nr 942 regional bus to the bus stop of Stribach Aguntum.

parking:

Parking space at the roman city of Aguntum  
Römerstadt Aguntum  
Römerstadt Aguntum  
APR, MAY, JUN, JUL, AUG, SEP, OCT  
circuit

starting point:

destination point:

best season:

route typ:

## arrival

**Parking spot**

Car park Seichenbrunn

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

Starting from the only Roman city in Tyrol, called Aguntum, there is a hiking trail which leads through the national park villages of Dölsach and Iselsberg-Stronach.

At selected stations you will receive information about the history of this landscape.

The trail "Römerweg" can be done in 3 stages.

### 1. Stage

Aguntum --> Dölsach

6 km | ca. 2 hours

Stations: Aguntum - Dölsacher Anger - Outdoor pool Dölsach - Chapel Görtschach - Mühlensteig Gödnach

### 2. Stage

Dölsach --> Iselsberg

4 km | ca. 1 hour

Stations: Rastplatz Moar - Ruin Wallenstein - Stronach

### 3. Stage

Iselsberg --> Aguntum

5 km | ca. 2 hours

Stations: Maienhöhe - Panoramic place Iselsberg/Lavantblick - Pondorfer Futterhäusl - Aguntum