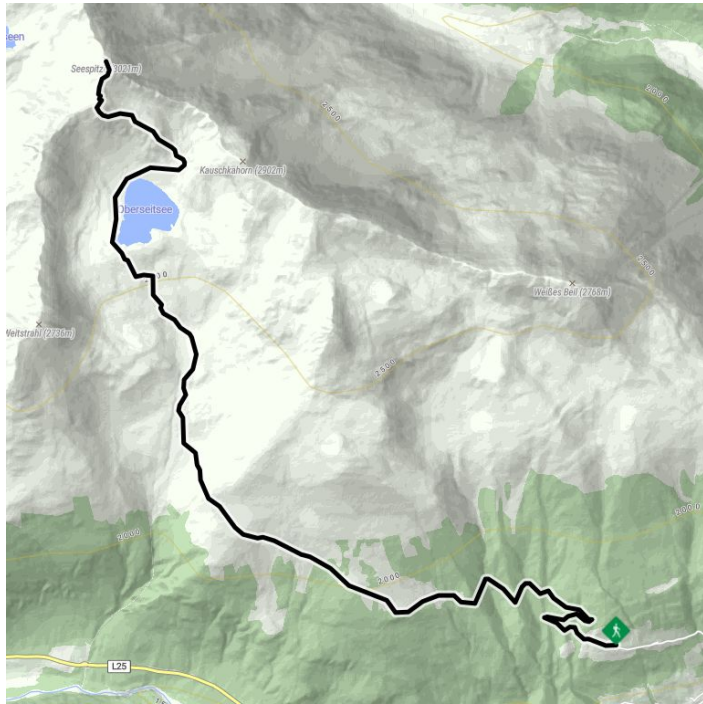
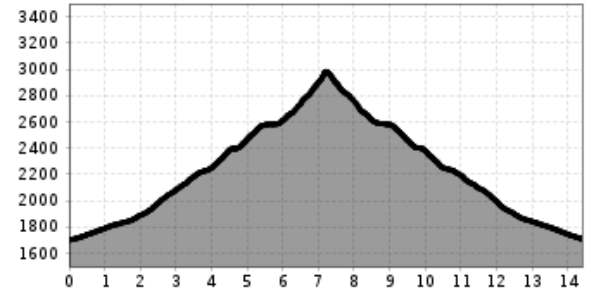


Every step offers a view, every second an experience



Altitude profile



The most important at a glance

| | | | |
|---------------------------------|----------------------------------|------------------------------------|----------------------------|
| distance 14.4 km | altitude meters uphill 1310 m | altitude meters downhill 1310 m | walking time uphill 5 h |
| walking time downhill 3:30 h | total walking time 8:30 h | highest point 3021 m | difficulty difficult |

fitness:

* * * * *

technique:

* * * * *

public transport:

Bushaltestelle St. Jakob i. D. Gemeindeamt

parking:

starting point: Parkplatz Trogach
destination point: Trogach
best season: Seespitze
JUN, JUL, AUG, SEP

arrival

Parking spot

Car park Trogach 1.700m

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

From **Trogach** on the forest trail to **Gasserkofel**, continuing via the meadow slopes to the **Seespitzhütte** (2327 m). There is a signposted path to the superb **Oberseitsee** (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the **Seespitze**, the most impressive viewing mountain on the **Panargenkamm**.