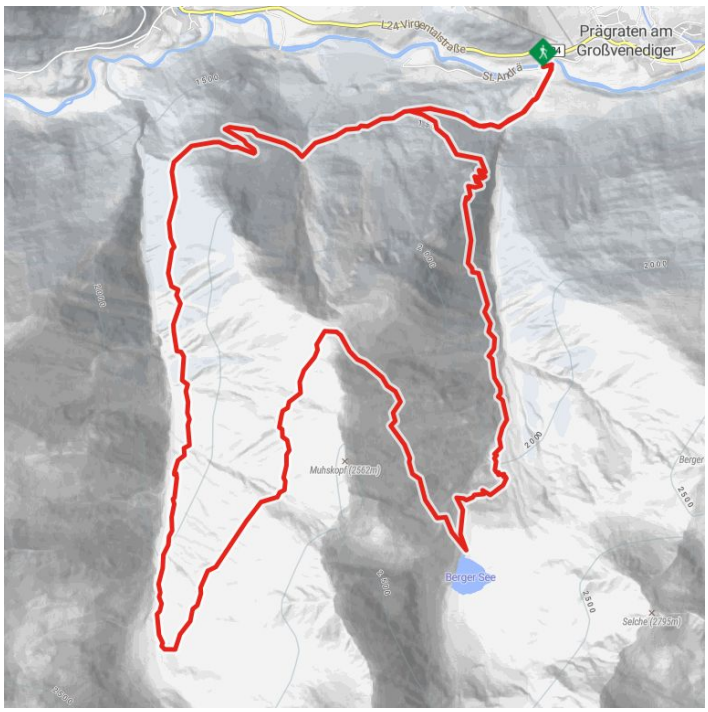
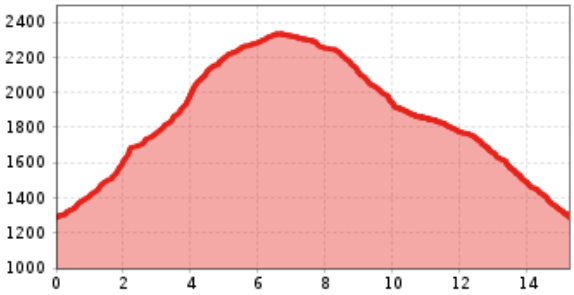
Muhs panorama trail

An excellent walking trail offering views of almost the entire upper Virgental valley



Altitude profile



Muhs panorama trail

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
15.2 km	1090 m	1090 m	3:30 h

walking time downhill	total walking time	highest point	difficulty
2:30 h	6 h	2350 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Bus stop Prägraten a.G. Gemeindeamt

parking:

Follow the street Virgener Landesstraße. Turn left after the Pizzeria Petro. Follow the road until you cross the bridge Dorferbrücke. About 300 m after the Dorferbrücke, you will find the parking place Sägewerk on the right-hand side.
Car park Sägewerk

starting point: Parking place Sägewerk
destination point: Parking place Sägewerk
best season: JUL, AUG, SEP
route typ: circuit

arrival

Stop

Prägraten am Großvenediger Gemeindeamt

Parking spot

Car park Sägewerk Prägraten a. G. 1.300m

Gpx file

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Interactive map

open>

Description

On the Muhs panorama trail a wonderful panoramic view to the three-thousand metre mountains of the Venediger group open up!

The starting point is the parking place behind sawmill Dorfer Säge. From here, proceed initially on the road to Lasnitzenhütte. After around 30 minutes you have to decide whether you will take the direct ascent to Bergersee Hütte or continue on the road to Lasnitzenhütte. The majority of hikers prefer the steep ascent to Bergersee Hütte and the easier descent from Lasnitzenhütte via the road, which is why this variant is described too. Proceed initially via route 312 which proceeds steeply up via the woodlands until you reach a forest trail, where the route proceeds east for a short section. Before the end of this route continue in hairpin bends, relatively steeply, until you come to a little Jagdhütte, which is concealed beneath a cliff.

The middle section of the climb now climbs slightly until the crossing point of Zopatnitzenbach. The route is then really quite steep after this and it is an arduous trek up to Bergersee Hütte, which is located in a basin, right next to the wonderful Lake Bergersee.

Continue now on the actual Muhs panorama trail, which is beautifully developed, climbing slightly to the highest point 2356 m (Muhs).

The descent to Lasnitzenhütte proceeds on the route which was overhauled in 2012 and which is also great for families hiking with children. From Lasnitzenhütte the descent proceeds via the wide trail to the starting point at the parking place for the Dorfer sawmill.