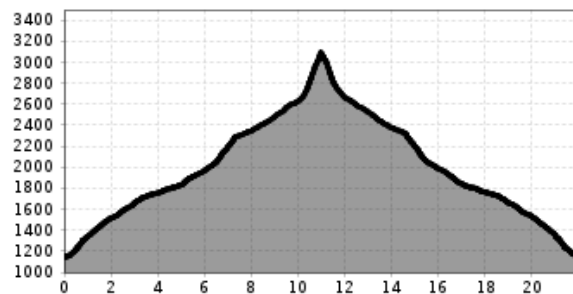


Mountain tour with breathtaking views of the 3.000-metre peaks of Osttirol



## Altitude profile



## The most important at a glance

distance  
22 km

altitude meters uphill  
1940 m

altitude meters downhill  
1940 m

walking time uphill  
7:30 h

total walking time  
12 h

highest point  
3098 m

difficulty  
difficult

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Bus stop Virgen Kirche

parking:

starting point: Car park Lasörlinghütte  
destination point: Car park Lasörlinghütte 1.150m  
best season: JUL, AUG, SEP

## arrival

Stop

Virgen Kirche

## Gpx file

## Interactive map

[download>](#)

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## Description

This demanding tour starts at the parking place "Lasörlinghütte" in the district Niedermauern. After the bridge, turn left and follow a moderately steep climb until reaching the wide forest path (after about 1km). At the end of the valley Mullitztal, after the goods lift of the hut Lasörlinghütte, the forest path rejoins a steep path that leads in several serpentine to the hut Lasörlinghütte. The fantastic view of the mountain range Venedigergruppe and regional delicacies invite you to take a short break.

From here it takes about 3 hours to reach the summit. Follow the path Lasörling Höhenweg (No. 90) in a westerly direction. At the end of the valley, shortly before the striking ascent to the so-called Prägrater Törl, you have to turn right towards the summit Lasörling. This path leads over a scree. Continue following it and watch it become steeper and steeper. The last section leads past imposing boulders and finally ends at the summit of the Lasörling. The highest peak of the mountain range Lasörlinggruppe offers one of the best views of almost all 3.000-metre peaks in Osttirol and also of the South Tyrolean Dolomites.