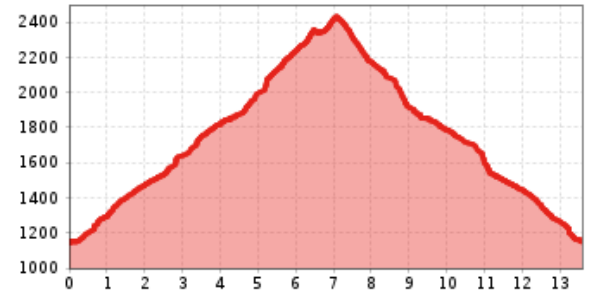




Altitude profile



The most important at a glance

| | | | |
|--|---|---|--------------------------------------|
| distance 13.6 km | altitude meters uphill 1300 m | altitude meters downhill 1300 m | walking time uphill 3:45 h |
| walking time downhill 2:45 h | total walking time 6:30 h | highest point 2442 m | difficulty average |

fitness:



technique:



starting point: Parkplatz Guggenberg 1.130m
destination point: Parkplatz Guggenberg 1.130m
best season: JUN, JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

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Description

The hike starts at the Guggenberg car park in Matri in Osttirol. From there you can either take the path or the wide forest trail and after about 1.5 hours you reach the Zunigalm. From there, follow the signs in the direction of the Zunigsee and on to the Zunigtörl. From there you reach the summit after a few hundred metres, from where you have an excellent view of the Virgen, Tauern and Iseltal valleys. The way back can be done via the same path or via the north side (Maleregg).

TIP: The summit is particularly suitable for a sunrise tour!