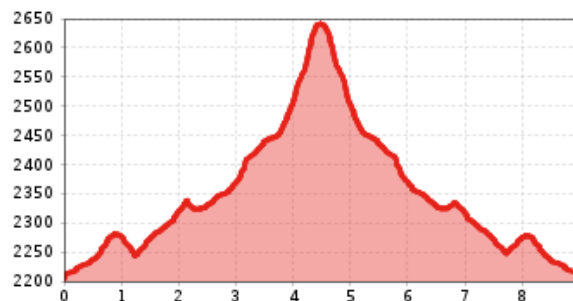


A rewarding destination for a scenic mountain hike.



Altitude profile



The most important at a glance

distance
4.5 km

altitude meters uphill
485 m

altitude meters downhill
42 m

walking time uphill
2 h

walking time downhill
1:30 h

total walking time
3:30 h

highest point
2647 m

difficulty
average

fitness:



technique:



parking:

starting point:
destination point:
best season:

Zettersfeld Zentrum parking lot
Steinermundlbahn mountain station
Östlicher Sattelkopf
JUN, JUL, AUG, SEP, OCT

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The hike leads from the **Bergstation der Steirermandlbahn** initially through alpine pastures towards Neualplseen, in the Hohe Tauern National Park. From there, a short steep mountain path leads to the peaks of **the östlichen Sattelköpfe** – with wide views of the Dolomites and the Lienz valley floor. The return journey follows the same route.