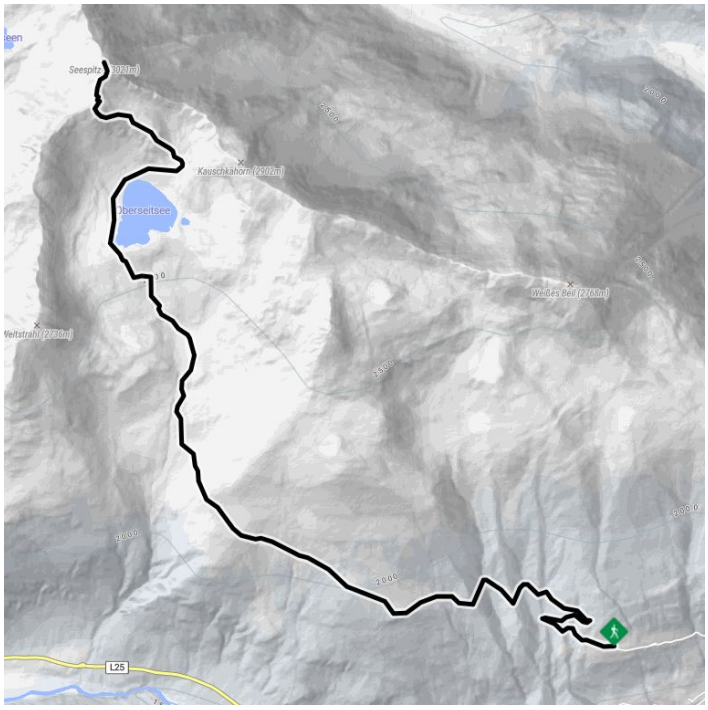
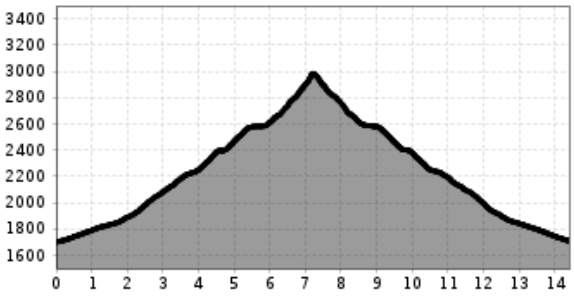
Hike Oberseitsee - Seespitze 3.021 m

Every step offers a view, every second an experience



Altitude profile



Hike Oberseitsee - Seespitze 3.021 m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
14.4 km	1310 m	1310 m	5 h

walking time downhill	total walking time	highest point	difficulty
3:30 h	8:30 h	3021 m	difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Bushaltestelle St. Jakob i. D. Gemeindeamt

parking:

Von St. Jakob in Defereggen über die Serpentinenstraße in den Ortsteil Außerberg und weiter nach Innerberg zum Parkplatz Trogach
Parkplatz Trogach

starting point: Trogach
destination point: Seespitze
best season: JUN, JUL, AUG, SEP

arrival

Parking spot

Car park Trogach 1.700m

Gpx file

download>

Interactive map

open>

Description

From **Trogach** on the forest trail to **Gasserkofel**, continuing via the meadow slopes to the **Seespitzhütte** (2327 m). There is a signposted path to the superb **Oberseitsee** (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the **Seespitze**, the most impressive viewing mountain on the **Panargenkamm**.