

Lohnenswertes Bergziel für geübte Bersteiger!



## Altitude profile



## The most important at a glance

distance  
5.8 km

altitude meters uphill  
1040 m

walking time uphill  
4 h

highest point  
2591 m

difficulty  
difficult

fitness:



technique:



best season:

JUN, JUL, AUG, SEP, OCT

**Gpx file**

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**Interactive map**

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## Description

From the old parish church (1524m) follow the forest road. Then take a steep path to the Kircher Almen (2104m). From there, continue to Hals (2136m), where you will find the entrance to a steep gully. Continue, especially in the lower half of the trail, over gravel and boulders to the main summit of the Eggenkofel (2591m). Surefootedness and a head for heights are a prerequisite here!