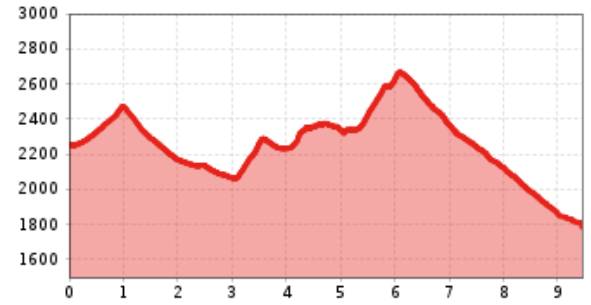


**Altitude profile**



**The most important at a glance**

<b>distance</b> 9.45 km	<b>altitude meters uphill</b> 1274 m	<b>altitude meters downhill</b> 1741 m	<b>walking time uphill</b> 7 h
<b>total walking time</b> 8:30 h	<b>highest point</b> 2676 m	<b>difficulty</b> average	

**fitness:**



**technique:**



**starting point:** Karlsbader Hut  
**destination point:** Hochstadel Hut  
**best season:** MAY, JUN, JUL, AUG, SEP

**Gpx file**

**Interactive map**

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## Description

Along Dreitörlweg (three-gap-path) up to hut Hochstadel. The stage begins with the climb up to the Laserztörl gap. From there, the route leads downhill to the Lavanter Alm covering some 400 m difference in altitude. Then a short climb first leads up to Kuhleitentörl gap. After a short descent and ascent past bizarre rock formations, you will get to the Baumgartnertörl. The climb now continues on to the Leitentörl gap. After a descent and the hike, the stage finishes in a south-facing semi-circle around the Hochstadel at the hut Hochstadel. With adequate fitness, a side trip from the Dreitörlweg path up to the Hochstadel provides a further highlight.