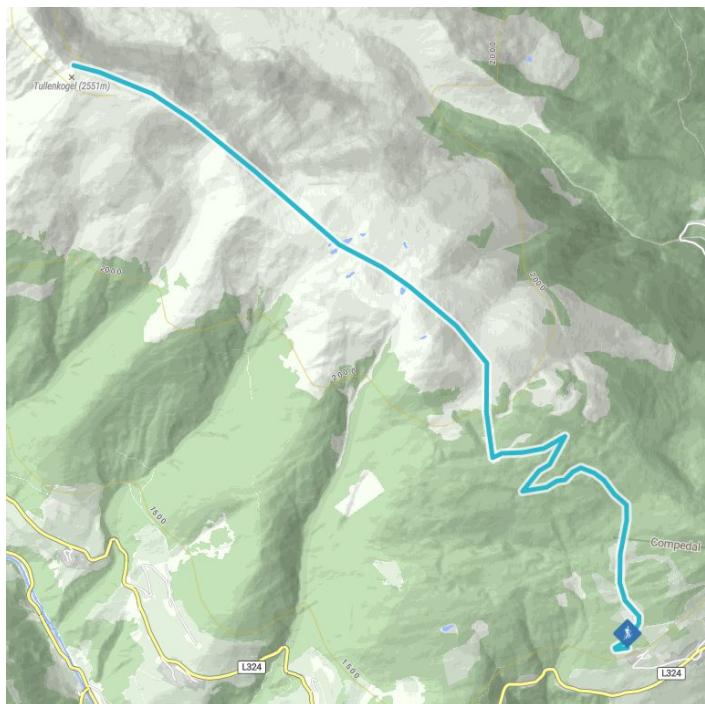
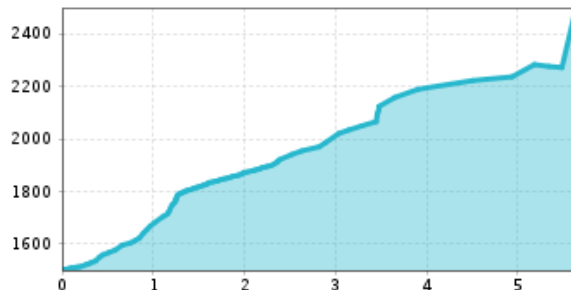


The ascent to the Tullenkogel offers a breathtaking view of the Lienz Dolomites.



Altitude profile



The most important at a glance

altitude meters uphill
1000 m

highest point
2551 m

walking time uphill
3:30 h

distance
5.6 km

altitude meters downhill
1000 m

difficulty
easy

starting point: Assling / Bichl
destination point: Tullnkogel
best season: JAN, FEB, MAR, DEC

arrival

Stop

Assling Bichl

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

Above Thal, situated in the sunny side of Pustertal, nestles the Compedal ski lodge (1920 m) and its toboggan run. Above it are the tame summits of the Compedal and Tulln Kogel, two interesting ski tour destinations which are easy to get to and which are ideal for beginners and connoisseurs. A refreshment stop afterwards in the ski lodge which is open at the weekends provides a leisurely finish to any hike.

Starting point is the hamlet of Bichl on the Pustertal altitude road. Branch-off in Thal and ascend to Assling or Bichl (1440 m, car parking at the start of the toboggan run). After the first hairpin bend we leave the forest road to the right and via the, initially rolled Compedal ski piste, proceed up the mountain. At the end of this proceed via somewhat steeper short-cuts into the forest (red arrows), until we come to the ski lodge after twice crossing the toboggan run (1 ½ hours). Continue to the Compedal via moderately steep pastures, which have no hairpin bends, up to the unobtrusive summit (little cross), before we proceed through an enclosed basin area where there is a dreamy Alpine inn. The wide ridge of the Tullen Kogel is now in front of us, and this is the ascent. After a leisurely hour, enjoying the plentiful views, we reach the highest point which has a lovely wooden cross. Descent along the ascent track.

Additional ski tour tips can be obtained in the ski tour guides by Thomas Mariacher. These are available here:
https://www.tyroliaverlag.at/item/Skitouren_in_Osttirol_und_Oberkaernten/Thomas_Mariacher/43058387