Ski tour Hochkreuzspitze 2.739m

A ski touring experience in a dreamlike setting

The most important at a glance

altitude meters uphill	highest point	walking time uphill	distance
1190 m	2730 m	4 h	8 km

difficulty
average

starting point: St. Jakob i. Def. / Maria Hilf, Rinderschinken (1420 m)
destination point: Hochkreuz
best season: JAN, FEB, MAR, APR

arrival

Stop

St. Jakob in Defereggen Mariahilf Dorf

Gpx file

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Interactive map

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Description

And once again a ‘high cross’ will at first glance get attentive readers thinking about the route. A certain trend for tours of this name is, if anything, only pure coincidence. Scaling the **Hochkreuz** – called the ‘**Gsieser Hochkreuz**’ by our neighbours – is characterised by a superb, encompassing view into the

Sextner Dolomites and into the wide lowlands of **Gsieser Tal**.

Starting point is the little parish of Maria Hilf in Defereggental, around 3 km to St. Jakob i. D.. In the town of Rinderschinken we follow the wide toboggan route to the **Alpe Stalle** snack station (green route signposts, 1896 m). We now stick to the forest trail, heading into the valley, ignoring the cut-offs via the summer trail. After a good hour you come to a fork in the routes. While the left trail heads to **Ragötzllenke**, we continue south, to the Stalle Alm lodges. A large basin now opens up in front of us which ascends, with an increasing gradient, to the **Pfoisattel**. We follow the extensive slopes up to some 2300 m. The ski track now takes us in a loop heading right over moderately steep terrain in a westerly direction. Looking for the most favourable route we come to a ridge to the north west of the **Pfoisattel**. We follow the attractive ridge terrain, proceeding uphill and down, and via a wide trough we then come the destination of our tour. Proceeding through this and in a few hairpin bends to the wooden cross, which can be seen from quite a distance. Descent along the ascent route.

Additional ski tour tips can be obtained in the ski tour guides by Thomas Mariacher. These are available here:
http://www.grafikzloebl.at/verlag/buecher/

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