Ski tour Grubenspitze 2.671m

This ski tour can only be mastered in optimal conditions and with a high level of skiing ability.

The most important at a glance

altitude meters uphill	highest point	walking time uphill	distance
2300 m	2670 m	6 h	8.7 km

difficulty
difficult

starting point: Tristach/Kreithof (1.050 m)
destination point: Grubenspitze (2.671 m)
best season: JAN, FEB, MAR, DEC

arrival

Stop

Tristach Polösling

Parking spot

Car park Landgasthof Kreithof

Gpx file

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Interactive map

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Description

The Grubenspitze, an impressive pyramid mountain in the eastern wings of the Lienz Dolomites, is one of the ski touring gems in East Tirol. At one time only the reserve of a handful of extreme tourers, this tour has in the interim been done almost every winter depending on the snow conditions. The platy north-facing wall, graded as climbing difficulty level IV in the summer, is the ascent. It proceeds like a ruler to the highest point. That the tour can only be tackled when snow and avalanche conditions are perfect, hopefully speaks for itself. What's more, totally safe skiing, without any falls, is required to conquer the 40 to 45 degree incline of the 150 metres altitude of the flank. The best conditions are for the most part from March when this plate armour is covered with plenty of snow, making it possible to ascend and descend. The starting point for this adventure-filled ski tour is Dolomitenhütte (1610m, large parking area), which we get to from the town of Tristach, to the south east of Lienz. In the depths of winter the ascent to the same is closed on account of the toboggan route which is open and you have to start from Kreithof (1050 m, paying car park). The track follows the wide trail in the Laserzkessel and, truncating the route several times, in 1 ½ hours you get to Karlsbaderhütte (2260m). The ascent now proceeds east to the deeply incised Laserztörl (2497 m), which we use to cross into Lavanteralm Tal, where our tour destination lies. The steep west slopes are often windswept and should be approached with the requisite care and attention. The same applies to the descent on the east side. From the Törl it is now a good 240 metres altitude, with or without skin skins to cross, losing as little altitude as possible, to around 2260 m, in the hidden high corrie beneath the Grubenspitze. The view to the cliff face opens up before us and in several hairpin bends we climb in a south-westerly direction through the corrie up to a flat section on the north ridge, which also provides a ski storage area and provides a perfect view for the final steep metres of altitude. Notably, the 'Fels Warze', is some 100 metres altitude above us. Beneath this, depending on the conditions with or without crampons, we carry our skis, heading left. An ascending crossing brings us to the short, yet narrow eastern ridge to the left of the summit. Please note – this section is close to the ridge and is often more windswept than the rest of the cliff face. Via the ridge we get, without much difficulty, to the highest point in just a few steps. The following descent is the reserve of experts, otherwise you would be better advised to proceed on foot! Descent along the ascent track and around 45 minutes – 1 hour counter climb to the Laserztörl.

Additional ski tour tips can be obtained in the ski tour guides by Thomas Mariacher. These are available here: http://www.grafikzloebl.at/verlag/buecher/