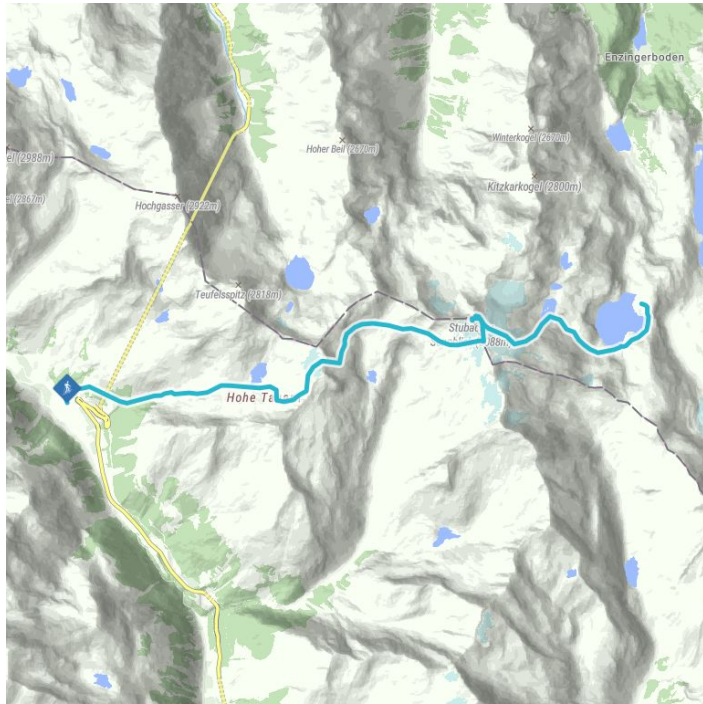
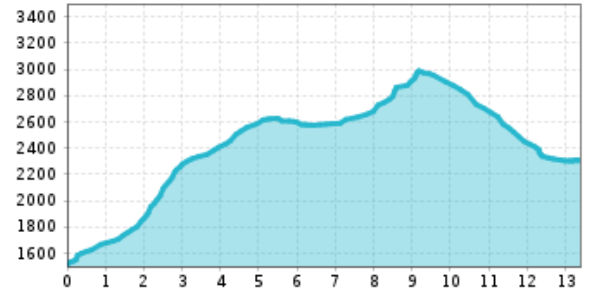


# Hoch Tirol stage 4: Matreier Tauernhaus – Rudolfshütte

Stage across the Tauernridge to Rudolfshütte (2311 m)



## Altitude profile



## The most important at a glance

<b>altitude meters uphill</b> 1830 m	<b>highest point</b> 3045 m	<b>walking time uphill</b> 5:30 h	<b>distance</b> 13.4 km
<b>altitude meters downhill</b> 1035 m	<b>difficulty</b> difficult		

**starting point:** Matreier Tauernhaus  
**destination point:** Rudolfshütte (2311m)  
**best season:** JAN, FEB, MAR, APR

### Gpx file

[download>](#)

### Interactive map

[open>](#)

### Description

After leaving the toll booth behind, you climb in medium steep terrain through a larch and spruce forest in a northeasterly direction, keeping to the left of the stream Daberbach. From an altitude of 1780 m, the ascent trail continues fairly flat along the stream, until you reach a steep stretch of around 35 to 40 degrees at 1900 m – owing to its steepness, there is an avalanche danger with new snow, in case of frosted snow crampons should be worn. From 2050 m, there is a pleasant northeasterly stretch over hollows, from around 2400 m eastwards on a plain where the lake Dabersee lies. Passing the lake on the right, you ascend further up Daberkees and on in a northeasterly direction towards Amertaler Höhe, reaching a beautifully situated plateau between Amertaler Höhe and Sillingkogel.

Along the east slope, a short descent leads into the valley Landecktal at around 2600 m. It is best to keep as far as possible to the left so as not to lose altitude metres, because the ascent to Grantscharte is rather demanding. At around 2400 m, the route continues in a northerly, later northeasterly direction towards Karl-Fürst-Hütte. From here – in places rather steeply – in an easterly direction, passing under Rabenstein, over Prägrat Kees to Granatscharte at 2974 m and over the southeastern ridge to Sonnblick (3088 m). The ascent time from Matreier Tauernhaus is around 5.5 hours. From the Granatscharte you then ski down in a northeasterly direction over Sonnblickkees and partly steep terrain to the lake Weißsee, passing it on the right to the alpine centre Rudolfshütte (2311 m).