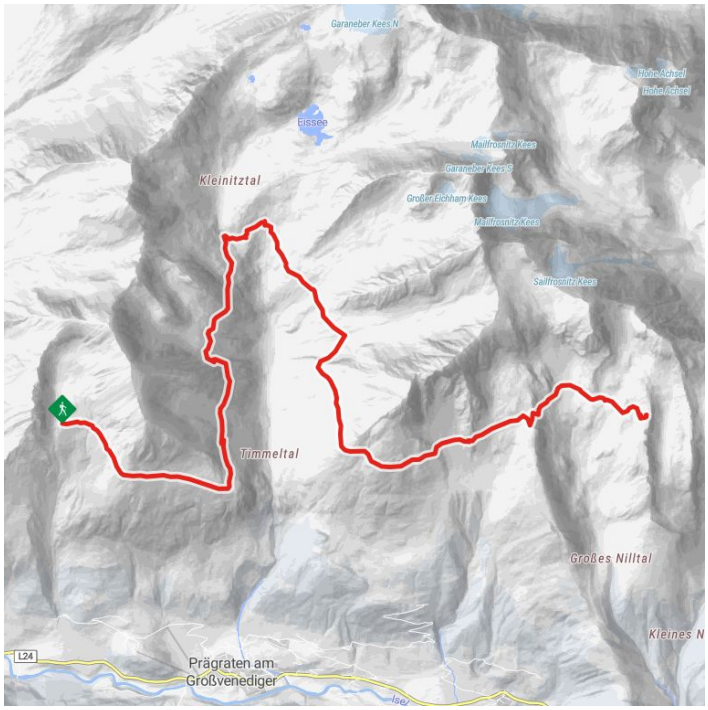
Venediger Altitude Trail Stage 4

A beautiful mountain stage via Prägraten am Gmelin



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
12.1 km	713 m	550 m	5 h

highest point	difficulty
2750 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Neue Sajathütte 2.600m
destination point: Bonn-Matreier Hütte 2.750m
best season: JUL, AUG, SEP

Gpx file

download>

Interactive map

open>

Venediger Altitude Trail Stage 4

Description

From the Neue Sajathütte, follow the Prägratner Höhenweg in an easterly direction, and after about 45 minutes you will reach the "Fenster", one of the most beautiful vantage points of the Virgental. The path continues slightly uphill on the Timmeltal Höhenweg to the Eisseehütte. Then, staying more or less at the same altitude, you hike below the Großer Hexenkopf, the Hoher Eichham and the Wunspitze, over the Eselsrücken to the Bonn-Matreier-Hütte.