



Altitude profile



The most important at a glance

distance
14 km

altitude meters uphill
1330 m

altitude meters downhill
1330 m

walking time uphill
4 h

walking time downhill
3 h

total walking time
7 h

highest point
2400 m

difficulty
average

fitness:



technique:



starting point:

Stalpen / Sillian

destination point:

Thurntaler 2.400 m

best season:

JUN, JUL, AUG, SEP

arrival

Parking spot

Car park Stalpen

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

At Stalpen farm buildings proceed, slightly climbing, on route 7 through spruce and larch forests up to the Alpeggele. Continue here via the Alpine pastures on route 7 to the Thurntaler summit.