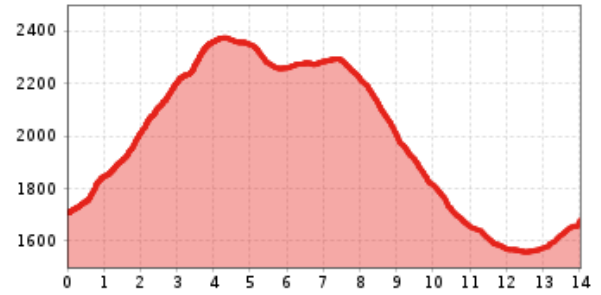


! From the Trogach car park to the Gasser Kofel, currently only accessible via the forest road !

Discover nature at its most beautiful



### Altitude profile



## The most important at a glance

distance  
14.1 km

altitude meters uphill  
834 m

altitude meters downhill  
862 m

total walking time  
6 h

highest point  
2367 m

difficulty  
average

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Bushaltestelle St. Jakob i. D. Gemeindeamt

parking:

Parkplatz Trogach  
St. Jakob/Trogach

starting point:  
destination point:

Seespitzhütte

best season:

MAY, JUN, JUL, AUG, SEP

route typ:

circuit

## arrival

Stop

St. Jakob in Deferegggen Lärchenhof

Parking spot

Car park Trogach 1.700m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The themed path “**Alpenblumenweg Oberseite**” provides good insight into the colourful diversity of the alpine plants and their living conditions in the high mountains. The starting point of the hike is **Trogach** (car park). A forest road and hiking trail lead to the actual starting point of the trail, the “**Gasser Kofel**”. From there, a moderately ascending hiking trail leads to the **Seespitzhütte**. From there, a high route runs eastwards (**Reggnalm**) and then descends into the **Trojeralm**. The same-titled Natural History Guide published by the Austrian Alpine Association offers interesting facts about flora and fauna and the healing properties of some Alpine plants at all stops. (Please note: extensive day trip)