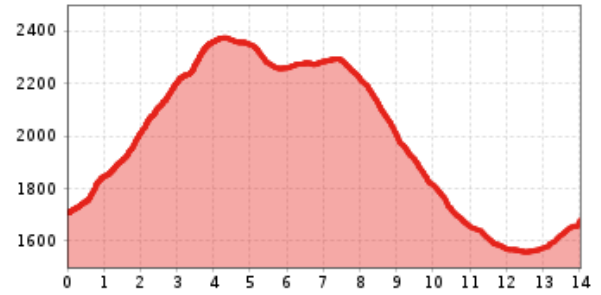


! From the Trogach car park to the Gasser Kofel, currently only accessible via the forest road !

Discover nature at its most beautiful



Altitude profile



The most important at a glance

distance
14.1 km

altitude meters uphill
834 m

altitude meters downhill
862 m

total walking time
6 h

highest point
2367 m

difficulty
average

fitness:

* * * * *

technique:

* * * * *

public transport:

Bushaltestelle St. Jakob i. D. Gemeindeamt

parking:

starting point: Parkplatz Trogach
destination point: St. Jakob/Trogach
Seespitzhütte
best season: MAY, JUN, JUL, AUG, SEP
route typ: circuit

arrival

Stop

St. Jakob in Deferegggen Lärchenhof

Parking spot

Car park Trogach 1.700m

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The themed path “**Alpenblumenweg Oberseite**” provides good insight into the colourful diversity of the alpine plants and their living conditions in the high mountains. The starting point of the hike is **Trogach** (car park). A forest road and hiking trail lead to the actual starting point of the trail, the “**Gasser Kofel**”. From there, a moderately ascending hiking trail leads to the **Seespitzhütte**. From there, a high route runs eastwards (**Reggnalm**) and then descends into the **Trojeralmal**. The same-titled Natural History Guide published by the Austrian Alpine Association offers interesting facts about flora and fauna and the healing properties of some Alpine plants at all stops. (Please note: extensive day trip)