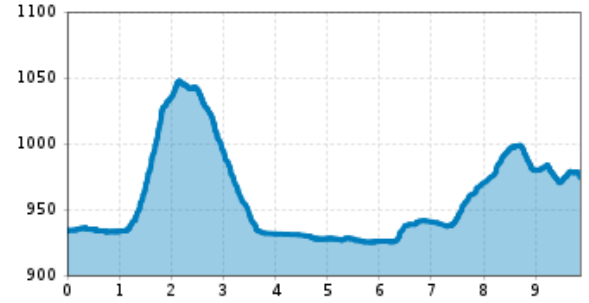


Family hike in the heart of the national park



Altitude profile



The most important at a glance

distance
9.85 km

altitude meters uphill
189 m

altitude meters downhill
149 m

total walking time
2:15 h

highest point
1050 m

difficulty
average

fitness:



technique:



public transport:

starting point: Matrei i. O. Auerfeld
destination point: Auerfeld
best season: Rauterplatz
APR, MAY, JUN, JUL, AUG, SEP, OCT
route typ: circuit family tour

arrival

Stop

Matrei in Osttirol Korberplatz

Matrei in Osttirol Süd

Parking spot

Parccheggio swimming pool Matrei i. O. 940m

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

Stage 2 begins in the hamlet of Auerfeld and leads first to the picturesque St. Nicholas Church. The church is well worth a visit, as it is one of the oldest in East Tyrol. The route then continues along gentle gravel paths along the Tauernbach stream to the district of Seblas. Here you cross the glacial river Isel and hike along the Hildenweg trail back to the Tauern community.