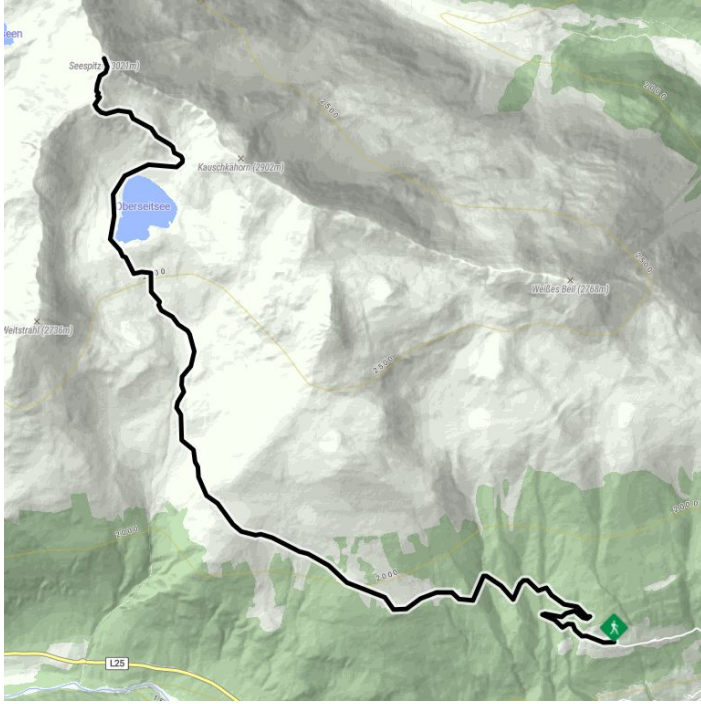
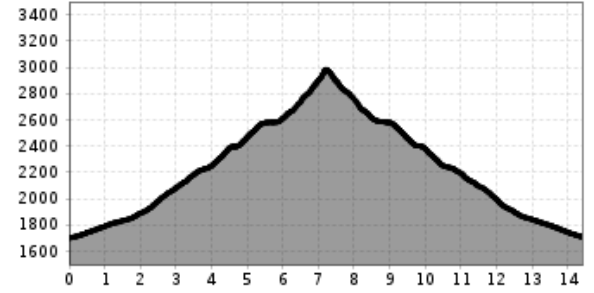


Every step offers a view, every second an experience



Altitude profile



The most important at a glance

distance
14.4 km

altitude meters uphill
1310 m

altitude meters downhill
1310 m

walking time uphill
5 h

walking time downhill
3:30 h

total walking time
8:30 h

highest point
3021 m

difficulty
difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Bushaltestelle St. Jakob i. D. Gemeindeamt

parking:

starting point: Parkplatz Trogach
destination point: Trogach
best season: Seespitze
JUN, JUL, AUG, SEP

arrival

Parking spot

Car park Trogach 1.700m

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

From **Trogach** on the forest trail to **Gasserkofel**, continuing via the meadow slopes to the **Seespitzhütte** (2327 m). There is a signposted path to the superb **Oberseitsee** (2576 m), which formed into a wide corrie trough after the glaciers retreated. To the west, past the lake, a steep path with a rope-secured section to the summit of the **Seespitze**, the most impressive viewing mountain on the **Panargenkamm**.