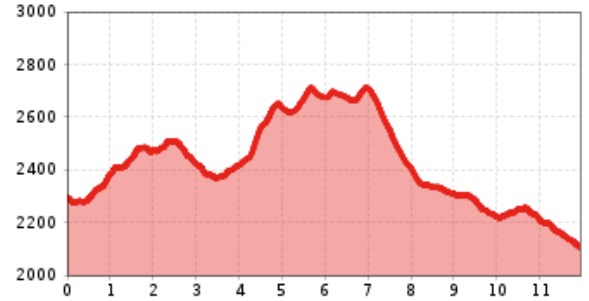


The final stretch rewards you with breathtaking views



**Altitude profile**



**The most important at a glance**

<b>distance</b> 11.9 km	<b>altitude meters uphill</b> 738 m	<b>altitude meters downhill</b> 925 m	<b>total walking time</b> 5:45 h
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<b>highest point</b> 2716 m	<b>difficulty</b> average
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**fitness:**



**technique:**



**starting point:** Lasörlinghütte 2.350m  
**destination point:** Virgen 1.200m  
**best season:** JUN, JUL, AUG, SEP

**Gpx file**

**Interactive map**

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### Description

Continue over the Rote Lenke, the Kleinbachboden and the Prägarter Törl to the Lasörlinghütte. The descent from the Rote Lenke leads through a wildly rugged area with large boulders to the Kleinbachboden and then uphill again to the Prägrater Törl. You can decide whether you are still fit enough to climb the **Lasörling (3.098 m)** - (easy boulder climbing in the summit area) or whether you want to descend straight to the Lasörlinghütte. If you dare to climb the summit, you will be rewarded for the arduous ascent with a breathtaking view of the entire Hohe Tauern. After descending via the Glaurit, you will reach the end point of today's stage, the **Lasörlinghütte**.