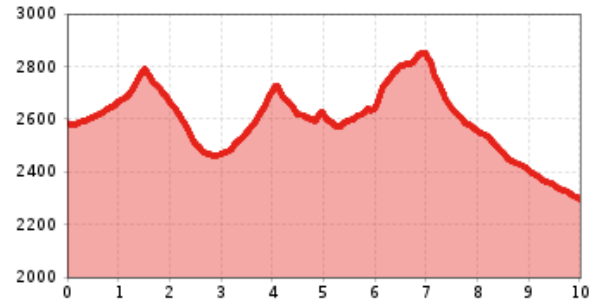




Altitude profile



The most important at a glance

distance 10 km	altitude meters uphill 771 m	altitude meters downhill 1054 m	total walking time 5:30 h
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highest point 2853 m	difficulty average
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fitness:



technique:



starting point: St. Jakob i. D. Außerberg
destination point: Neue Reichenberger Hütte
best season: JUN, JUL, AUG, SEP

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

Continue over the Rote Lenke, the Kleinbachboden and the Prägarter Törl to the Lasörlinghütte. The descent from the Rote Lenke leads through a wildly rugged area with large boulders to the Kleinbachboden and then uphill again to the Prägrater Törl. You can decide whether you are still fit enough to climb the **Lasörling (3.098 m)** - (easy boulder climbing in the summit area) or whether you want to descend straight to the Lasörlinghütte. If you dare to climb the summit, you will be rewarded for the arduous ascent with a breathtaking view of the entire Hohe Tauern. After descending via the Glaurit, you will reach the end point of today's stage, the **Lasörlinghütte**.