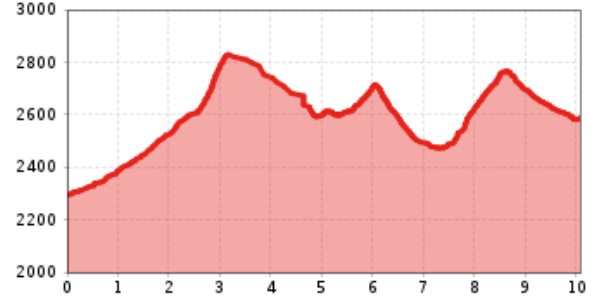


Lasörling altitude trail Stage 3 alternative Prägerater Törl



Altitude profile



The most important at a glance

distance 10.1 km	altitude meters uphill 1040 m	altitude meters downhill 756 m	total walking time 6 h
highest point 2855 m	difficulty average		

fitness:



technique:



starting point:

Lasörlinghütte 2.350m

destination point:

Neue Reichenberger Hütte 2.586m

best season:

JUN, JUL, AUG, SEP

Gpx file

Interactive map

[download>](#)

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Description

This alternative leads along the rear Mullitztal, past the old mines on the left, to the Prägrater Törl at 2,855m. The crossing is secured in places with a rope. However, you should not enjoy the view of the neighbouring Deferegggen valley for too long, as there are still many hours of walking ahead of you. The trail then descends quite steeply next to the Michtalscharte, before heading back up to the Rote Lenke after the Kleinbachboden. Here you can still walk the short ascent to the Gösleswand on the right side. The view as far as the Dolomites compensates you for the exertions so far. From this crossing, the trail continues comfortably in the direction of Bödensee and the Neue Reichenberger Hütte.