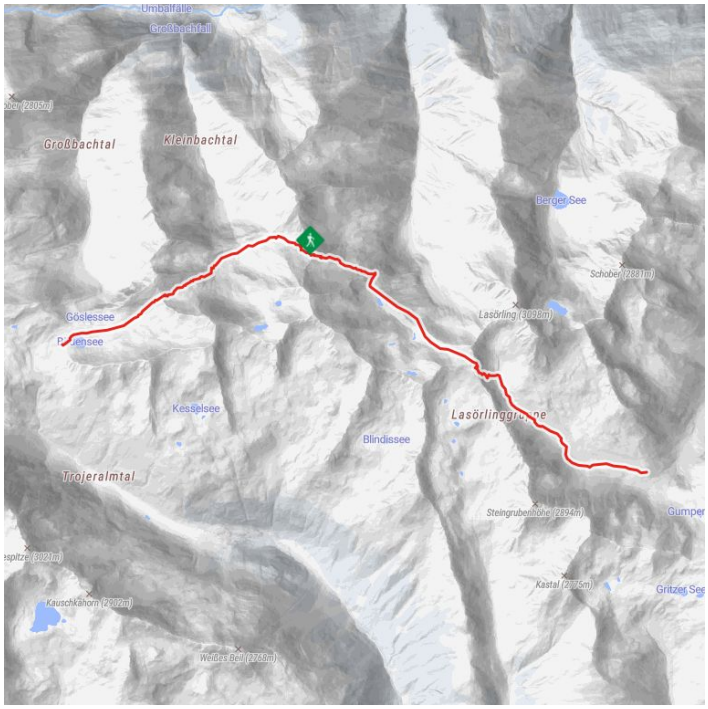
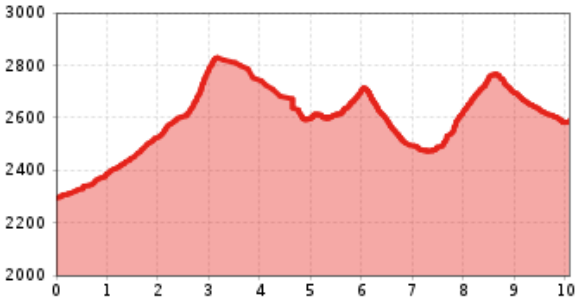
Lasörling altitude trail Stage 3 alternative Prägrater Törl

Challenging alternative for experienced mountain hikers



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
10.1 km	1040 m	756 m	6 h

highest point	difficulty
2855 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Lasörlinghütte 2.350m
destination point: Neue Reichenberger Hütte 2.586m
best season: JUN, JUL, AUG, SEP

Gpx file

download>

Interactive map

open>

Lasörling altitude trail Stage 3 alternative Prägrater Törl

Description

This alternative leads along the rear Mullitztal, past the old mines on the left, to the Prägarter Törl at 2,855m. The crossing is secured in places with a rope. However, you should not enjoy the view of the neighbouring Defereggen valley for too long, as there are still many hours of walking ahead of you. The trail then descends quite steeply next to the Michltalscharte, before heading back up to the Rote Lenke after the Kleinbachboden. Here you can still walk the short ascent to the Gösleswand on the right side. The view as far as the Dolomites compensates you for the exertions so far. From this crossing, the trail continues comfortably in the direction of Bödensee and the Neue Reichenberger Hütte.