Lasörling altitude trail Stage 2

Short stage to the "Basecamp" of the Lasörling



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
6.5 km	295 m	346 m	2:15 h

highest point	difficulty
2496 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Zupalseehütte 2.350m
destination point: Lasörlinghütte 2.350m
best season: JUN, JUL, AUG, SEP

Gpx file

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Interactive map

open>

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Description

The second day starts at the Zupalsee Hütte and begins with a moderate ascent over a gentle ridge into the Steinka valley to the Merschenalm at 2,248m. Here you can take a break and enjoy the breathtaking panorama of the numerous 3,000-metre peaks of the Virger Nordkette with Ochsenbug, Bretterspitze, Göriacher Röte, Mitteregspitze,...).

After refreshments, the trail climbs slightly towards Merschenhöhe. The crossing is at an altitude of just under 2,500m, but is easy to walk on. After the ridge, the view opens up a little and you can already see today's stage destination. A short detour to the left up to the Gumpenlacke is well worth it, because from here it is only a 30-minute walk to the Lasörlinghütte.