Lasörling altitude trail Stage 1

Fragrant forests and lush alpine meadows



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
16.8 km	1598 m	438 m	8 h

highest point	difficulty
2340 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ☆ ☆

starting point: Car Park Guggenberg 1.150m
destination point: Zupalsee Hütte 2.350m
best season: JUN, JUL, AUG, SEP

Gpx file

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Interactive map

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Description

You can park your car at the Matreier Goldried Bergbahnen car park or at the Guggenberg car park. The car can also be parked here for a longer period of time free of charge. The trail leads alternately along a steep path and the forest path through a forest, which provides cooling with its damp mossy scent. After 2 - 2.5 hours you reach the Zunigalm. A stop is always worthwhile, as the hut scores points all along the line, both in terms of cuisine and hospitality. TIPP: "Traudl's blackberry omelette".

The rest of the trail leads through several valleys, past the picturesque Lackensee lake, to the stage destination, the Zupalsee Hütte at 2,350m.

The first stage is also the longest and most demanding of the stages and can alternatively be shortened by taking the hut taxi up to the Wetterkreuz Hütte.