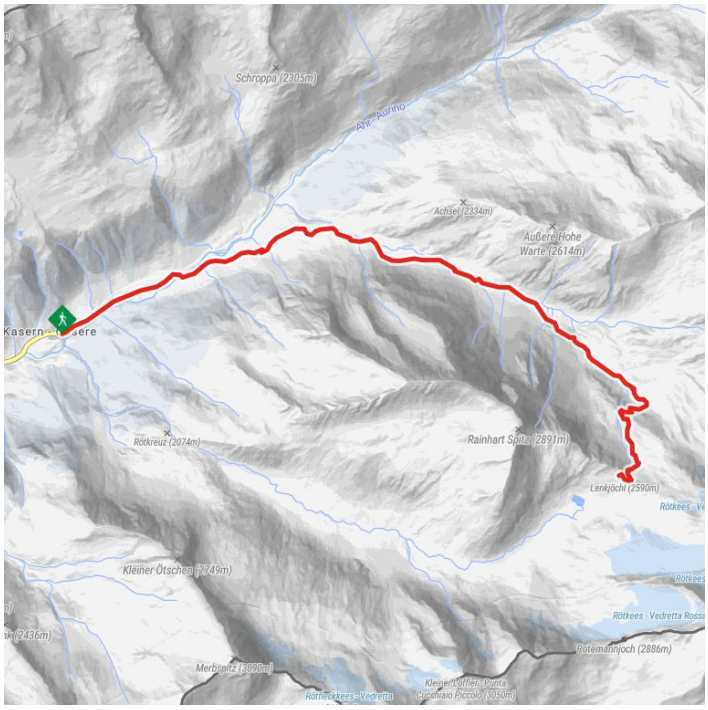
Hoch-Tirol-Trail Stage 1



Altitude profile



The most important at a glance

distance	altitude meters uphill	total walking time	highest point
7.46 km	984 m	4 h	2583 m

difficulty
average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

starting point: Parkplatz Kasern (Prettau)
destination point: Lenkjöchlhütte
best season: JUN, JUL, AUG, SEP

Gpx file

download>

Interactive map

open>

Hoch-Tirol-Trail Stage 1

Description

Kasern’s large car park is this trail’s starting point. From here, walk towards the Ahr and the various signposts. One of them will point the way to the Lenkjöchlhütte. Walk across the mountain meadows, venturing deeper into the valley, until the path meets the main road near the “Heilig Geist”, a church which was a pilgrimage destination in the past. Cross the Ahr river and take a left (follow the signpost). Continue climbing on the path to the Labesaualm. Cross the Windtal on the well cared for path on a leisurely walk until you reach a fork just below the Lenkjöchlhütte. Take a right (signpost to the Lenkjöchlhütte) and ascend to the hut.