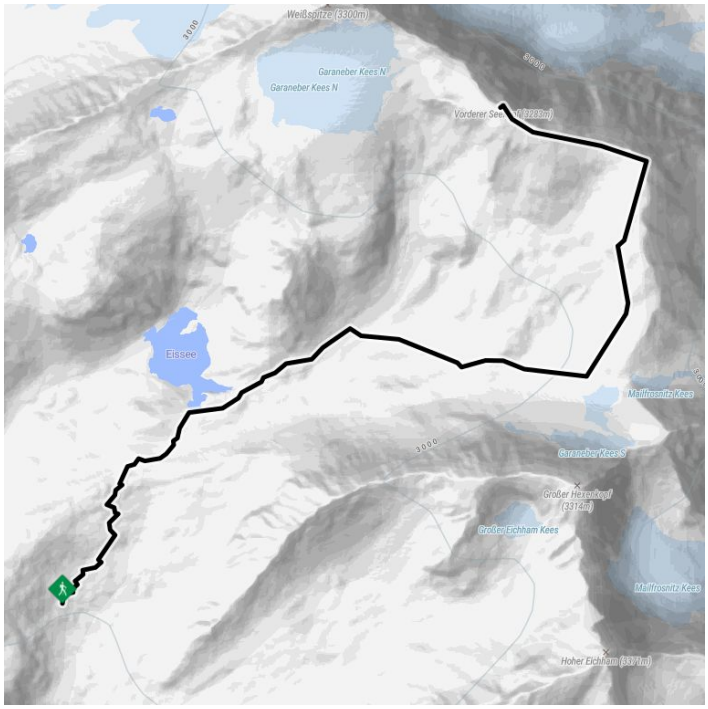
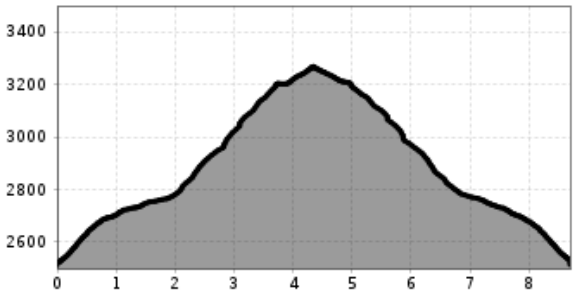
Hinterer Seekopf 3.234m & Vorderer Seekopf 3.283m

A challenging, high-alpine hike in the Timmeltal valley



Altitude profile



Hinterer Seekopf 3.234m & Vorderer Seekopf 3.283m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
8.7 km	799 m	799 m	3 h

walking time downhill	total walking time	highest point	difficulty
2:15 h	5:15 h	3283 m	difficult

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Prägraten am Großvenediger Wallhorn bus stop

parking:

Car park Bodenalm

starting point: Eisseehütte 2.521m
destination point: Eisseehütte 2.521m
best season: JUN, JUL, AUG, SEP

arrival

Stop

Prägraten am Großvenediger Wallhorn

Parking spot

Car park Bodenalm 1.700m

Gpx file

download>

Interactive map

open>

Description

The route begins by heading towards the Kleiner Hexenkopf. Below the Seekopfscharte, turn left and climb gently over rocky outcrops and scree slopes to the summit cross of the Hinterer Seekopf. A few cairns help with navigation. From the Hinterer Seekopf, follow the trail along the broad ridge – for about half an hour – to the Vorderer Seekopf. Here, a cairn at the highest point marks the summit. The descent can then be made via the Garaneberkees and the Seewandspitze. Only for very experienced mountaineers. A mountain guide is recommended!