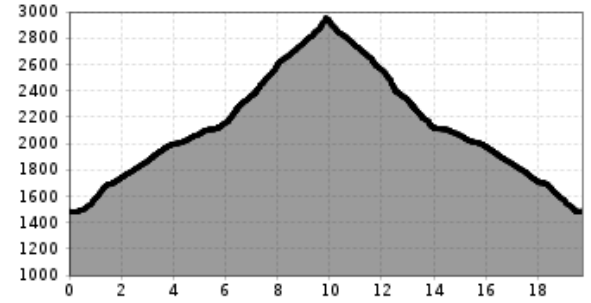


Challenging tour in the shadow of the Großvenediger



Altitude profile



The most important at a glance

distance 19.7 km	altitude meters uphill 1476 m	altitude meters downhill 1476 m	walking time uphill 6:15 h
walking time downhill 4:15 h	total walking time 10:30 h	highest point 2964 m	difficulty difficult

fitness:

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technique:

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public transport:

Prägraten a.G. Hinterbichl

parking:

starting point: Car park Wiesenkreuz
destination point: Car park Wiesenkreuz 1.490m
best season: JUN, JUL, AUG, SEP

arrival

Stop

Prägraten am Großvenediger Hinterbichl

Gpx file

Interactive map

[download>](#)

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Description

Starting point for this challenging hike is the parking place Wiesen. Here, you can either take a Hüttentaxi (taxi shuttle) to the hut Johannishütte or walk up the broad driveway for about 2.5 hours. After the Johannishütte a narrow path leads towards "Mullwitzkees" to the hut Defreggerhaus at 2.964 m. This section requires surefootedness and takes about 3 hours. The Defreggerhaus is the ideal starting point for mountain tours to the most 3.000m peaks of the mountain massif Venedigergruppe and an ideal starting point for guided tours to the Großvenediger (3.658m).