

Varied tour through the Umbaltal



### Altitude profile



## The most important at a glance

distance  
14.16 km

altitude meters uphill  
645 m

altitude meters downhill  
645 m

walking time uphill  
3 h

walking time downhill  
2:30 h

total walking time  
5:30 h

highest point  
2040 m

difficulty  
average

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

starting point: Car park Ströden 1.400m

destination point: Car park Ströden 1.400m

best season: JUN, JUL, AUG, SEP

## arrival

**Parking spot**

Car park Ströden 1.400m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

This beautiful hike's starting point is Ströden carpark. First you walk along the broad driveway all the way to Islitzeralm where a hiking path to the Umball Waterfalls begins on the right. Then follow the path which features a few stages until you get to a big meadow. Here the path branches off. Follow the path on the left all the way to Clarahütte. Here you can enjoy the breath-taking view onto Rötspitze from the sun terrace above the glacial stream while you're having a snack or coffee and cake.