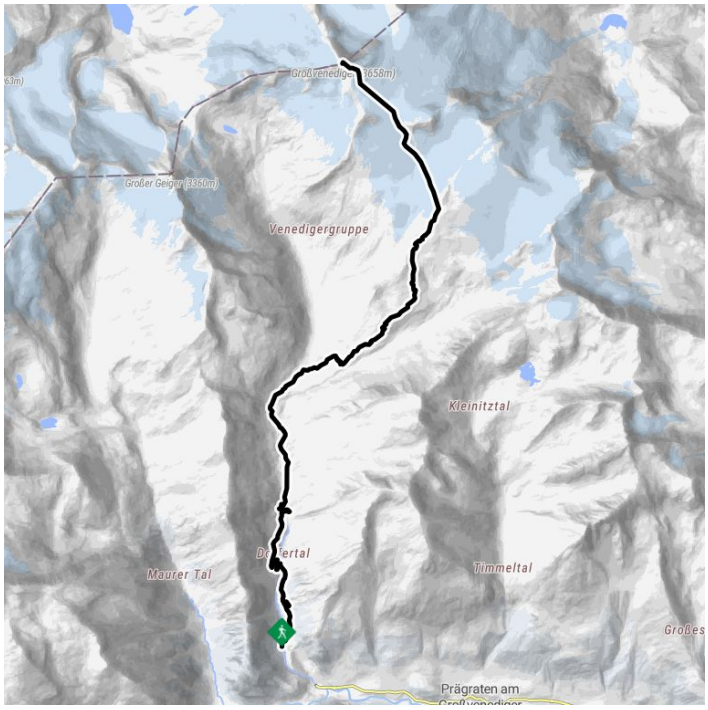
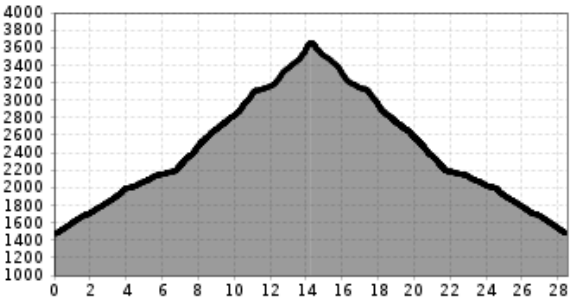
Hike to the Großvenediger 3.657m

Challenging tour to the ancient majesty.



Altitude profile



Hike to the Großvenediger 3.657m

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	walking time uphill
28.5 km	2166 m	2169 m	9 h

total walking time	highest point	difficulty
15 h	3657 m	difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Bus stop Prägraten a. G. Hinterbichl

Optional extra: Take the ‘Venediger Taxi’ to the Johannishütte to save walking time

parking:

Follow the L24 Virgentalstraße from Matrei through Virgen to Prägraten. Continue as far as the hamlet of Hinterbichl, then turn right onto the path to Ströden, heading towards the Wiesenkreuz car park. The hike to the Großvenediger begins from here.

Wiesenkreuz car park
starting point: Car park Wiesenkreuz
destination point: Wiesenkreuz car park
best season: JUL, AUG, SEP

arrival

Stop

Prägraten am Großvenediger Hinterbichl

Parking spot

Car park Wiesenkreuz (Wanderparkplatz Johannishütte/Defreggerhaus) 1.490m

Car park Hinterbichl 1.340m

Gpx file

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Interactive map

open>

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Description

The route begins in Hinterbichl and follows the alpine road into the Dorfertal valley to the Johannishütte (2,121 m). The taxi shuttle service shortens the ascent. To the Defreggerhaus (2,964 m) with a view up to the white shimmering firn of the wide glacier. Below the Mullwitzaderl (3,244 m), the glacier ascent begins.

Crampons, rope and the accompaniment of a mountain guide provide safety. The trail leads over the Rainer Törl to the ice summit of the Großvenediger (3,657 m).

A fantastic panoramic view of the Hohe Tauern National Park and its surrounding mountains, including the Dolomites, the Dachstein Mountains and many others.