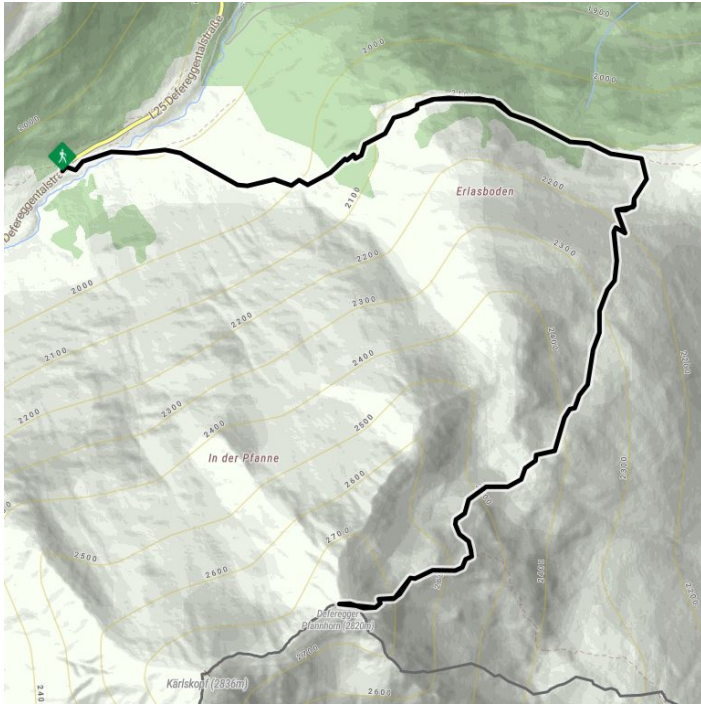


A rewarding hiking destination



Altitude profile



The most important at a glance

distance 14 km	altitude meters uphill 926 m	altitude meters downhill 926 m	walking time uphill 4:30 h
walking time downhill 4 h	total walking time 8:30 h	highest point 2820 m	difficulty difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Haltestelle Grünbichl

parking:

starting point: Parkplatz Grünbichl
destination point: Kapelle Maria Hilf
best season: Deferegger Pfannhorn
JUL, AUG, SEP, OCT

arrival

Stop

St. Jakob in Defereggen Mariahilf Dorf

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The **Deferegger Pfannhorn** is a border summit to the south-west of Maria Hilf. A mountain which comprises fantastic all-round views to the **Rötspitze**, **Großvenediger**, **Großglockner**, **Hochschober**, **South Tirol Dolomites**, ...

Starting point is car park "**Grünbichl**". From there head to "**Hirschbichl**". Now proceed via a steep path via Alpine pastures in a south-westerly direction, then bear left to a distinct hollow. Via the grassy slopes which follow proceed between two impressive rocks, somewhat to the left and climbing steeper up to the flanks of the summit. Via this arduous route section, gravelly in parts – in part over rock ledges – up to the summit.