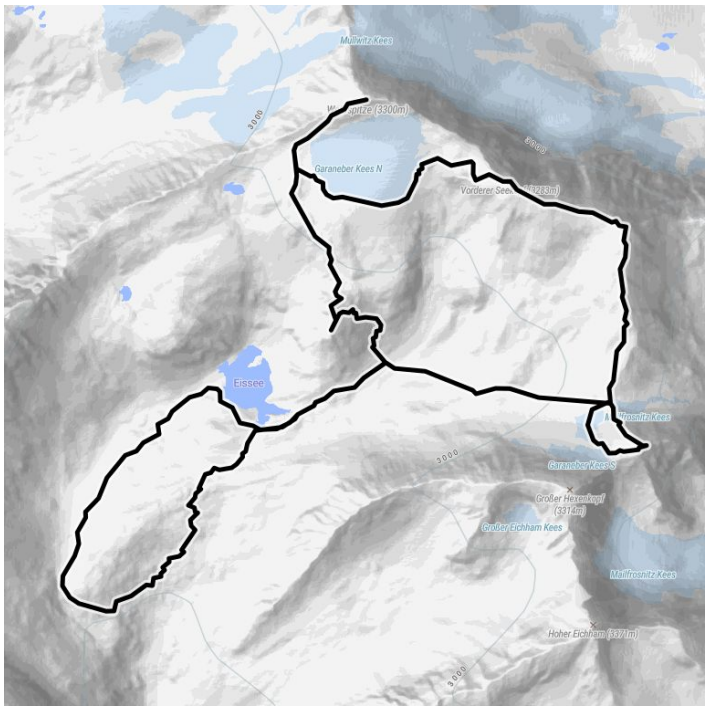
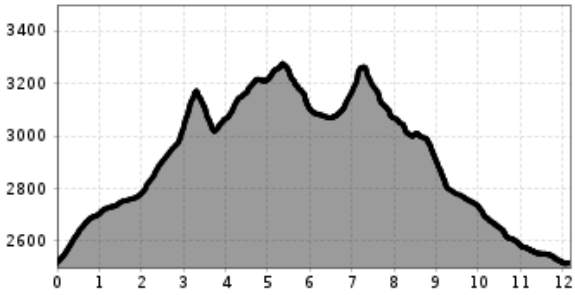
3000Hoch5

Summit bagging at its finest. Away from the beaten track, the true high mountains await you. The “3000Hoch5” route links the most spectacular peaks around the Timmeltal valley to create a tour in a class of its own. A must for ambitious mountaineers seeking something special.



Altitude profile



The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
12.2 km	1245 m	1245 m	7 h

highest point	difficulty
3300 m	difficult

fitness:

* * * * *

technique:

* * * * *

public transport:

Prägraten am Großvenediger Wallhorn bus stop

parking:

L24 to Prägraten a. G.

Car park Bodenalm

starting point: Eiseehütte 2.521m
destination point: Eiseehütte 2.521m
best season: JUL, AUG, SEP
route typ: circuit

arrival

Stop

Prägraten am Großvenediger Wallhorn

Parking spot

Car park Bodenalm 1.700m

Gpx file

download>

Interactive map

open>

Description

Experience the untamed freedom of the Hohe Tauern! This route is not for the faint-hearted, but it’s perfect for true mountain pioneers. Far off the beaten track, the tour takes you through **pathless, unmarked terrain** straight into the heart of the East Tyrolean Alps.

The **Eisseehütte**, idyllically situated on the deep-blue Eissee at around 2,500 m, is your perfect springboard into the vertical world. As the centrepiece of the Venediger Höhenweg, it offers not only cosy accommodation but also what is arguably the most spectacular vantage point in the upper Timmeltal.

The challenging “**3000Hoch5**” tour is a tribute to the giants of the Venediger Group. On an impressive circular route, you’ll conquer no fewer than five striking three-thousand-metre peaks:

- **Kleiner Hexenkopf** 3.194 m
- **Hinterer Seekopf** 3.234 m
- **Vorderer Seekopf** 3.280 m
- **Weißspitze** 3.300 m
- **Seewandspitze / Graneberkopf** 3.024 m

You’ll be rewarded with panoramas that will take your breath away. To ensure you can fully immerse yourself in the magic of the high-alpine world, we recommend undertaking the ascent with our local mountain guides. They know every ledge, guarantee maximum safety and share secrets of the region that won’t be found in any guidebook.