

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner"



**Altitude profile**



**The most important at a glance**

<b>distance</b> 15 km	<b>altitude meters uphill</b> 773 m	<b>altitude meters downhill</b> 1175 m	<b>total walking time</b> 6 h
<b>highest point</b> 1800 m	<b>difficulty</b> average		

**fitness:**



**technique:**



**parking:**

**starting point:**  
**destination point:**  
**best season:**

Beim Antholzer See  
Antholzer See - Südtirol  
Antholz-Mittertal - Südtirol  
JUN, JUL, AUG, SEP, OCT

**Gpx file**

**Interactive map**

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### Description

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner" On this stage, you hike from Lake Antholz past the biathlon centre across the Kornbrentesteig to the Schwörzalm. The trail leads over the Klamm Bach past the Brennalm (not managed) on the Mitteltaler High Route, which for the most part runs parallel to a forest path. After crossing the Eggerbach, you descend to the managed Kumpflalm, where you can take a break. Once you had your refreshment, you will hike uphill again on the waymarked hiking trail 6a to the Grentalmen. These well-kept alpine huts offer refreshment opportunities and snacks; from the terrace you can enjoy fantastic views over Antholztal Valley and the surrounding mountains. Choose hiking trail 6A for your descent towards Antholz-Mittertal. It winds its way down to the idyllic village of Antholz-Mittertal.