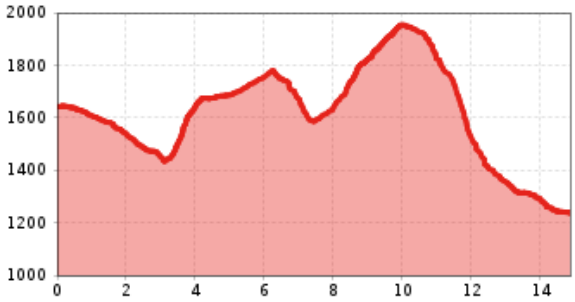
2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner"



Altitude profile



2TälerTrail - Stage 5: From Lake Antholz to Antholz Mittertal

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	total walking time
15 km	773 m	1175 m	6 h

highest point	difficulty
1800 m	average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

parking:

	Von St. Jakob in Defereggen über den Passübergang Staller Sattel zum Antholzersee Beim Antholzer See
starting point:	Antholzer See - Südtirol
destination point:	Antholz-Mittertal - Südtirol
best season:	JUN, JUL, AUG, SEP, OCT

Gpx file

download>

Interactive map

open>

Description

From Lake Antholzersee to Antholz Mittertal - "At the Foot of the Rieserferner"On this stage, you hike from Lake Antholz past the biathlon centre across the Kornbrentesteig to the Schwörzalm. The trail leads over the Klammbach past the Brennalm (not managed) on the Mitteltaler High Route, which for the most part runs parallel to a forest path. After crossing the Eggerbach, you descend to the managed Kumpflalm, where you can take a break. Once you had your refreshment, you will hike uphill again on the waymarked hiking trail 6a to the Grentealmen. These well-kept alpine huts offer refreshment opportunities and snacks; from the terrace you can enjoy fantastic views over Antholzertal Valley and the surrounding mountains. Choose hiking trail 6A for your descent towards Antholz-Mittertal. It winds its way down to the idyllic village of Antholz-Mittertal.