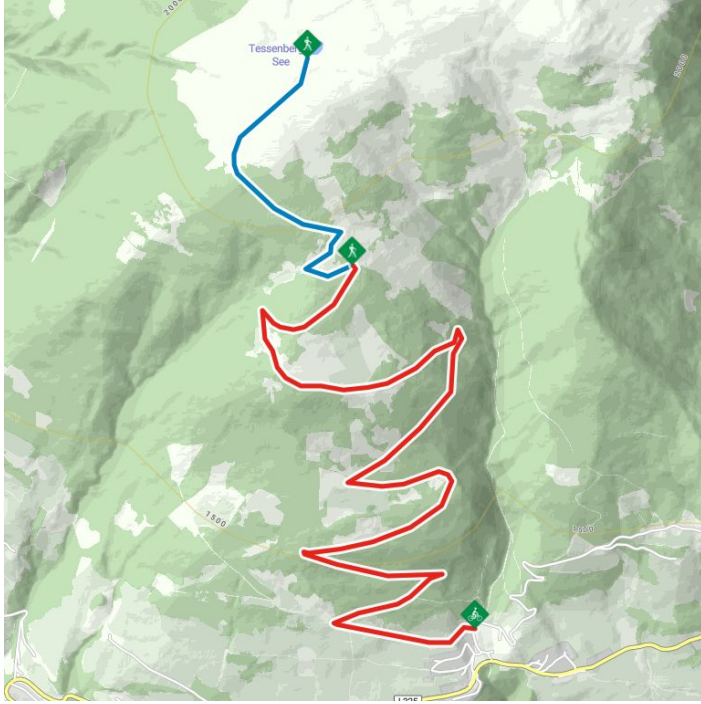
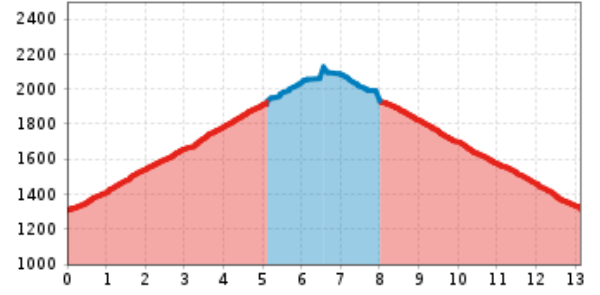


Medium-difficulty mountain bike route to Lake Tessenberg



### Altitude profile



## The most important at a glance

difficulty

**bike**  
average

**hike**  
easy

distance (in KM)

**total distance**  
13.1 km

**bike**  
5.1 km

**hike**  
1.5 km

altitude meters uphill

**total altitude**  
802 m

**bike**  
610 m

**hike**  
191 m

total tour time

**total tour time**  
5.5 h

**bike**  
1.5 h

**hike**  
2.5 h

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**starting point:**

Heinfels-Tessenberg

**destination point:**

Tessenberger See

**best season:**

Mai - September

**best season:**

MAY, JUN, JUL, AUG, SEP

## arrival

**Parking spot**

Tessenberg Parking Lot

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The starting point of this moderately difficult MTB route is the picturesque village of Tessenberg (1,320 m). From here, the route winds its way uphill, first along a tarmac road and then along the forest path, a crisp 630 metres in altitude. 1st destination of the route is the Tessenberger Alm! Although it is not open to the public, the sensational panoramic views of the Carnic main ridge and the Lienz and Sexten Dolomites alone make the climb worthwhile. Bike & Hike fans can also tackle the ascent to the romantically situated "Tessenberger See"!