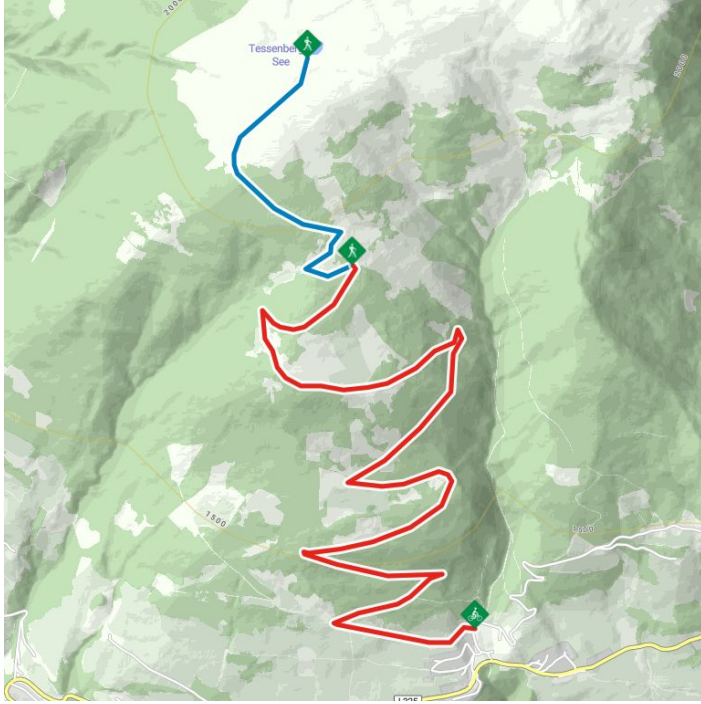
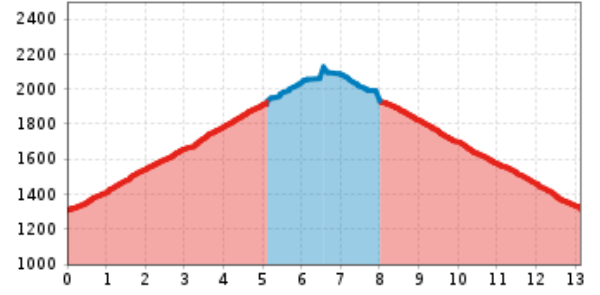


Medium-difficulty mountain bike route to Lake Tessenberg



Altitude profile



The most important at a glance

difficulty

bike
average

hike
easy

distance (in KM)

total distance
13.1 km

bike
5.1 km

hike
1.5 km

altitude meters uphill

total altitude
802 m

bike
610 m

hike
191 m

total tour time

total tour time
5.5 h

bike
1.5 h

hike
2.5 h

fitness:

* * * * *

technique:

* * * * *

starting point: Heinfels-Tessenberg
destination point: Tessenberger See
best season: Mai - September
best season: MAY, JUN, JUL, AUG, SEP

arrival

Parking spot

Tessenberg Parking Lot

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The starting point of this moderately difficult MTB route is the picturesque village of Tessenberg (1,320 m). From here, the route winds its way uphill, first along a tarmac road and then along the forest path, a crisp 630 metres in altitude. 1st destination of the route is the Tessenberger Alm! Although it is not open to the public, the sensational panoramic views of the Carnic main ridge and the Lienz and Sexten Dolomites alone make the climb worthwhile. Bike & Hike fans can also tackle the ascent to the romantically situated "Tessenberger See"!