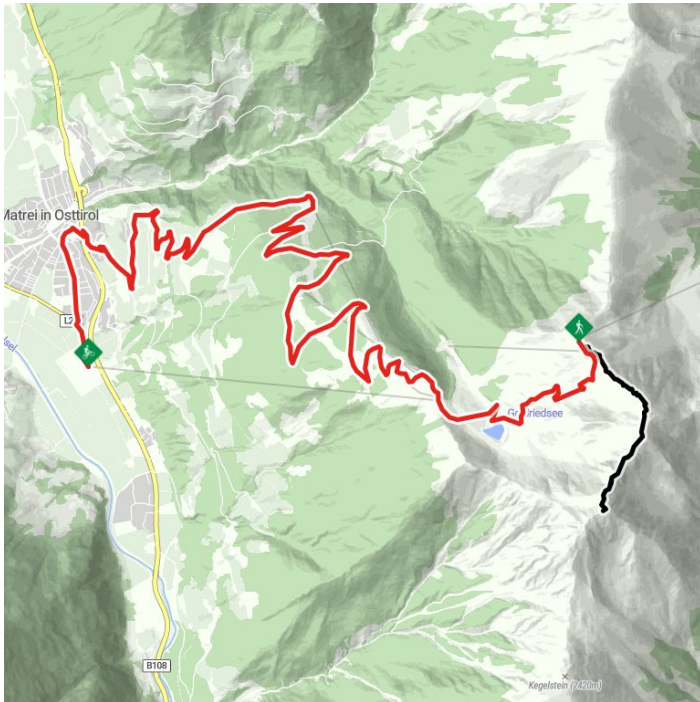
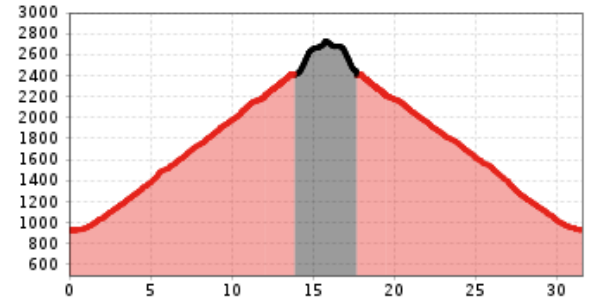


Challenging Bike & Hike dream tour for E-Bikers



Altitude profile



The most important at a glance

difficulty

bike
average

hike
difficult

distance (in KM)

total distance
31.5 km

bike
27.6 km

hike
3.9 km

altitude meters uphill

total altitude
1852 m

bike
1475 m

hike
377 m

total tour time

total tour time
6 h

bike
3 h

hike
3 h

fitness:

* * * * *

technique:

* * * * *

parking:

starting point: Car park Matreier Goldried Bergbahnen
destination point: Parkplatz Matreier Goldried Bergbahnen 960m
best season: Rotenkogel 2.762m
JUN, JUL, AUG, SEP

arrival

Stop

Matrei in Osttirol Süd

Gpx file

[download>](#)

Interactive map

[open>](#)

Beschreibung Bike

The Bike & Hike route starts at the parking lot of the Matreier Goldried Bergbahnen. Follow the signs for MTB route no. 147 Klaunzerberg and cover the first kilometers on a moderately steep asphalt road. Already here you can enjoy breathtaking views of the glacier world around the Malhamkees at the end of the Virgental. Numerous refreshment stops including e-bike charging stations make this route a clear "all-round carefree package". At the end of MTB route 147, follow the signs in the direction of the Adler Lounge. The trail here is quite rough and quite steep. At the Adler Lounge you can park your bike and recharge your own batteries once again before starting the climb to the summit of the Rotenkogel in a southerly direction.

The times are for E-Bikers.

Beschreibung Wanderung

The ascent leads along the ridge first to the Gorner and then on to the stage destination - the Rotenkogel. The summit is one of the most beautiful panoramic mountains in the region, where you can enjoy a 360-degree view of the Großvenediger, Großglockner and Dolomites. The way back follows the ascent path.