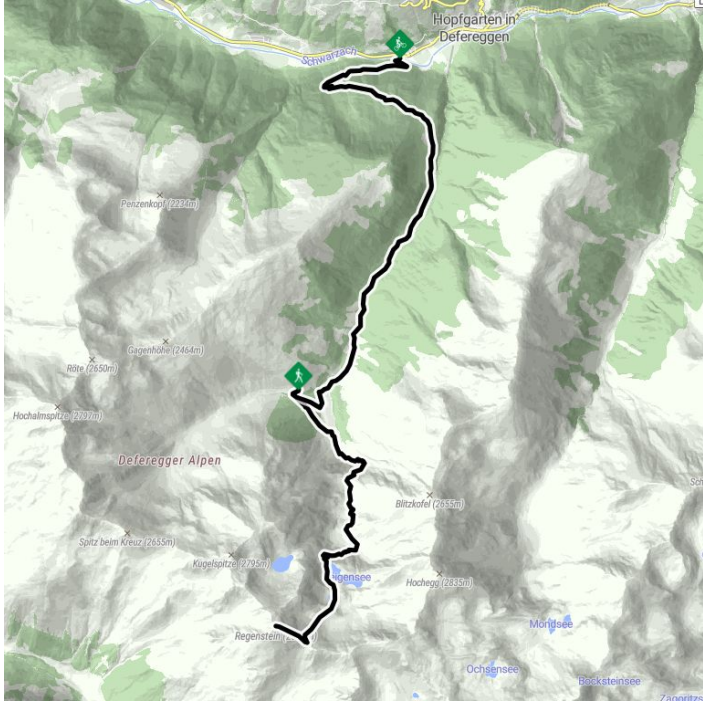
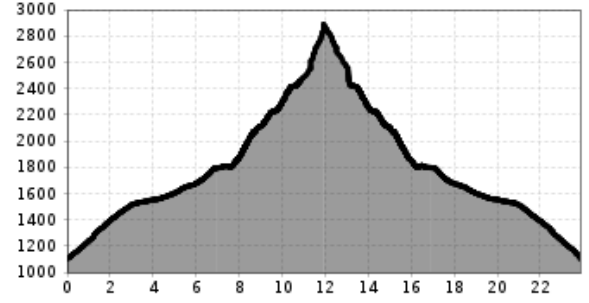


Bike & Hike for mountain lake lovers



### Altitude profile



## The most important at a glance

difficulty

**bike**  
difficult

**hike**  
difficult

distance (in KM)

**total distance**  
23.9 km

**bike**  
13.8 km

**hike**  
10.1 km

altitude meters uphill

**total altitude**  
1800 m

**bike**  
680 m

**hike**  
1120 m

total tour time

**total tour time**  
6.25 h

**bike**  
2.25 h

**hike**  
4 h

**fitness:**

\* \* \* \* \*

**technique:**

\* \* \* \* \*

**starting point:**

Blosbrücke

**destination point:**

Regenstein 2.891m

**best season:**

JUN, JUL, AUG, SEP

## arrival

**Stop**

Hopfgarten in Deferegggen Zwenewaldbrücke

**Parking spot**

Car park Ratzell 1.100m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Beschreibung Bike

The starting point of route 108 is the "Blosbrücke" bridge. At the beginning of the route, there is a medium-steep climb spread over serpentine, which then changes after about 2.5 km into an equally long, flat section that leads the biker through the idyllic Zwenewaldtal valley. Immediately before the finish, at the Bloshütte snack station, there is another medium-steep climb waiting to be tackled.

The times are for E-Bikers.

## Beschreibung Wanderung

From the Bloshütte, head into the valley via the Fenstersteig (No. 58) to the picturesque and beautiful Geigensee and from there on to the Regenstein (2,891m). The path is very exposed and steep, especially on the ridge.