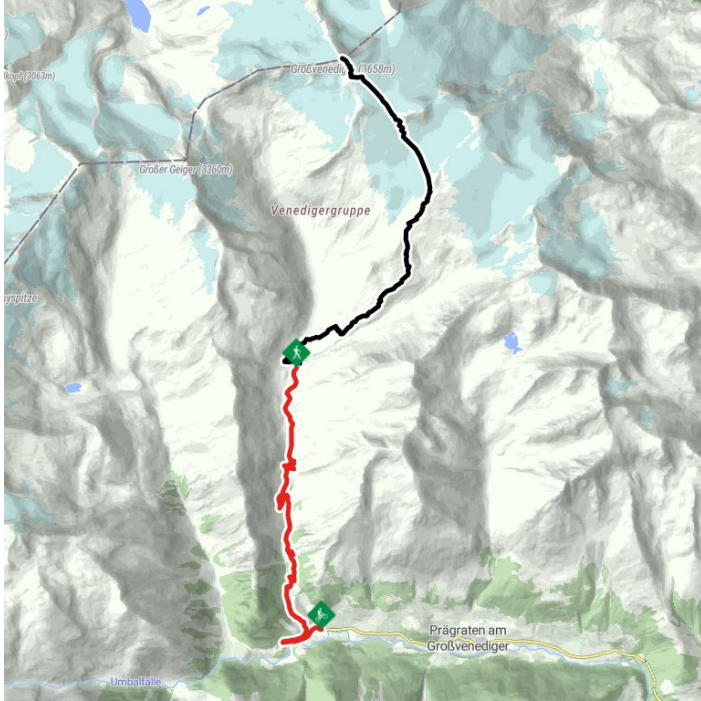
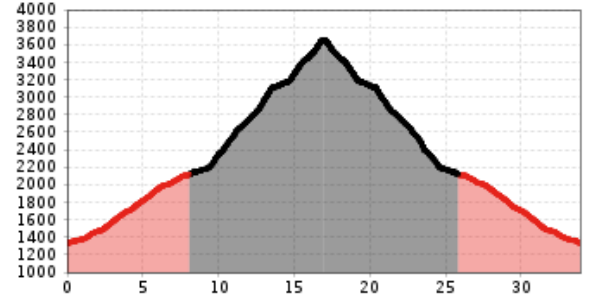


Many roads lead to the "World Old Majesty"



### Altitude profile



## The most important at a glance

difficulty

bike  
average

hike  
difficult

distance (in KM)

total distance  
33.9 km

bike  
16.1 km

hike  
17.8 km

altitude meters uphill

total altitude  
2300 m

bike  
780 m

hike  
1520 m

total tour time

total tour time  
10 h

bike  
3 h

hike  
7 h

fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

**starting point:** Prägraten-Hinterbichl 1.335m  
**destination point:** Großvenediger 3.657m  
**best season:** JUN, JUL, AUG, SEP

## arrival

**Stop**

Prägraten am Großvenediger Hinterbichl

**Parking spot**

Car park Hinterbichl 1.380m

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Beschreibung Bike

The route leads from Hinterbichl along the road towards Groderhof, in the last left-hand bend straight on, and then over the bridge towards Wiesenkreuz (barriers), from there further over the Venedigerbrücke and in steep bends to the Gumpachkreuz. From there it is a slight incline past the Ochsnerhütte to the Johannishütte.

The times are for E-Bikers.

## Beschreibung Wanderung

From the Johannishütte a narrow, partly rocky path leads to the Defreggerhaus. From there it takes about 20 minutes to reach the glacier entrance below Mullwitzaderl. Here you should definitely put on glacier equipment (helmet, crampons, rope safety,...), because the further way over the Mullwitzkees is full of crevasses! After the terrain step at Rainertörl, the route leads up to the left. The last meters to the summit lead over a narrow, exposed ridge. At 3,657m, the Großvenediger is the fourth highest mountain in Austria.

The high tour on the Großvenediger should be done with a mountain guide - danger of crevasses!