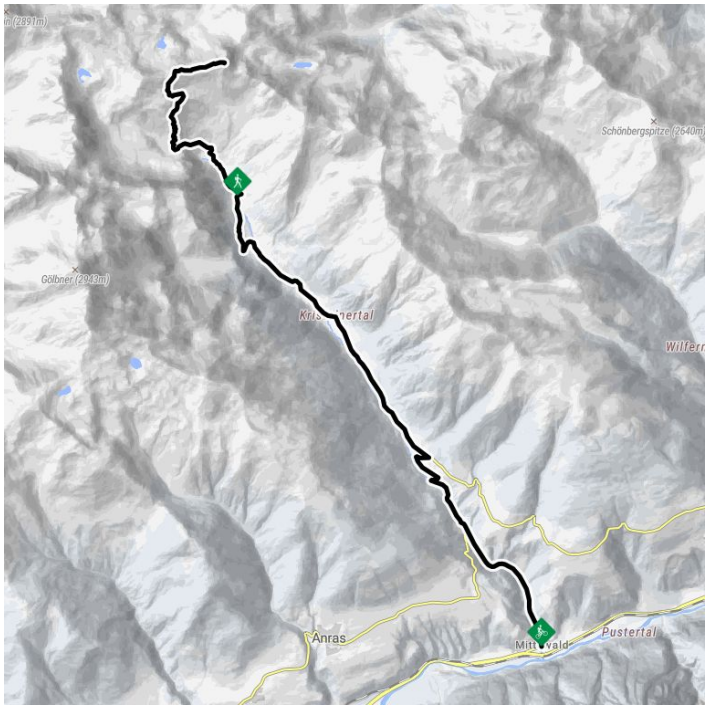
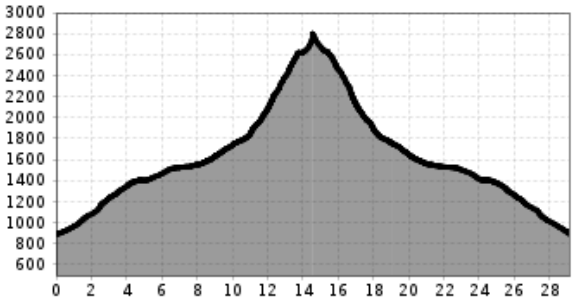
Bike & Hike Bockstein 2.803m

Challenging bike & hike tour to the Bockstein



Altitude profile



Bike & Hike Bockstein 2.803m

The most important at a glance

difficulty

bike	hike
difficult	difficult

distance (in KM)

total distance	bike	hike
29092 km	20160 km	8932 km

altitude meters uphill

total altitude	bike	hike
1930 m	860 m	1074 m

total tour time

total tour time	bike	hike
10.5 h	3.5 h	7 h

fitness:

* * * * *

technique:

* * * * *

starting point: Kristeinertal
destination point: Bockstein
best season: MAY, JUN, JUL, AUG, SEP

Gpx file

download>

Interactive map

open>

Description

From Mittewald, continue straight on along the tarmac road towards St. Justina. This road is over 14 per cent steep in places! Once you reach St. Justina (1209m), continue straight on at the prominent junction. Now it gets extremely steep again, with gradients of well over 20 per cent in places! Fortunately, this extremely steep section is only about 500 metres long, but even after that the path doesn't get much flatter. Finally you reach the crossroads (1385m), where you continue left into the Kristeinertal valley. This is where the gravel road begins, which takes you past beautiful mountain pastures almost to the end of the valley. The marked trail begins at the pasture gate there and leads up a pleasant incline over a terrain step to "Aleit" (2000m). There you follow the signpost "Bockstein" and hike northwards up a fairly steep grassy slope on the right, past a small lake and later a bivouac hut, to the Bocksteinscharte (2630m). From the Bocksteinscharte, first descend a few metres to the east into a saddle and from there continue directly towards the summit of the Bockstein. Now the terrain becomes increasingly rocky and you have to overcome large boulders in places. The last few metres lead quite steeply over scree up to the summit of the Bockstein (2805m).