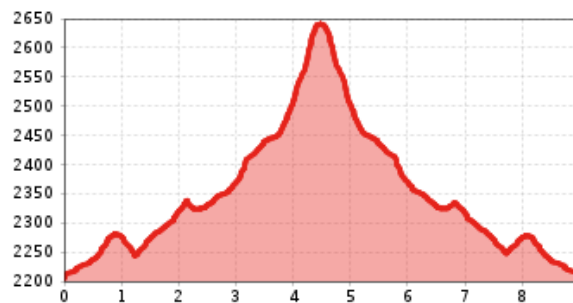


A worthwhile destination for a scenic mountain hike.



Altitude profile



The most important at a glance

distance
9 km

altitude meters uphill
527 m

altitude meters downhill
527 m

walking time uphill
2 h

walking time downhill
1:45 h

total walking time
3:45 h

highest point
2647 m

difficulty
average

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

public transport:

Gaimberg Zettersfeldbahn bus stop. From the bus stop, take the cable cars Lienzer Bergbahnen up to Zettersfeld or to the Steirnermandl mountain station.

parking:

Parking lot Zettersfeld Zentrum or Parking lot Zettersfeld Talstation.

starting point: Steirnermandlbahn mountain station

destination point: Östlicher Sattelkopf

best season: JUN, JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

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Description

The hike leads from the **Bergstation der Steirnermandlbahn** initially through alpine pastures towards Neualpseen, in the Hohe Tauern National Park. From there, a short, steep mountain path leads to the summits of the **östlichen Sattelköpfe** – offering wide views of the Dolomites and the Lienz valley floor. The return journey follows the same route.