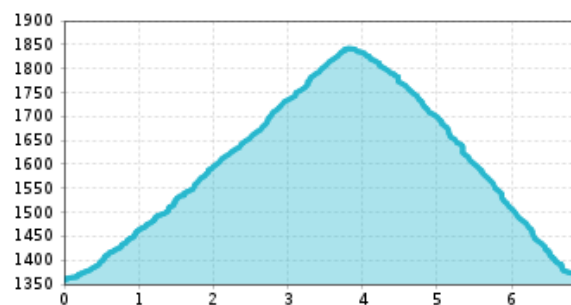


**Altitude profile**



**The most important at a glance**

**distance**  
13.8 km

**altitude meters uphill**  
500 m

**total walking time**  
4:30 h

**highest point**  
2409 m

**difficulty**  
difficult

**fitness:**



**technique:**



**public transport:**

**starting point:** Mit dem Bus bis zur Haltestelle "Innervillgraten Tischlerei Lanser"  
**destination point:** Tischlerei Lanser / Innervillgraten  
**best season:** Gissertörl 2.397 m  
 JAN, FEB, MAR, DEC

**Gpx file**

**Interactive map**

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