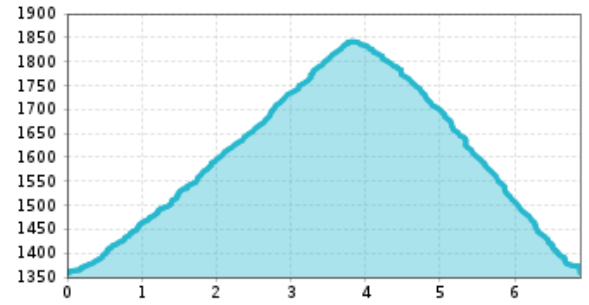




**Altitude profile**



**The most important at a glance**

**distance**  
13.8 km

**altitude meters uphill**  
500 m

**total walking time**  
4:30 h

**highest point**  
2409 m

**difficulty**  
difficult

**fitness:**



**technique:**



**public transport:**

**starting point:**  
**destination point:**  
**best season:**

Mit dem Bus bis zur Haltestelle "Innervillgraten Tischlerei Lanser"  
Tischlerei Lanser / Innervillgraten  
Gissertörl 2.397 m  
JAN, FEB, MAR, DEC

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)