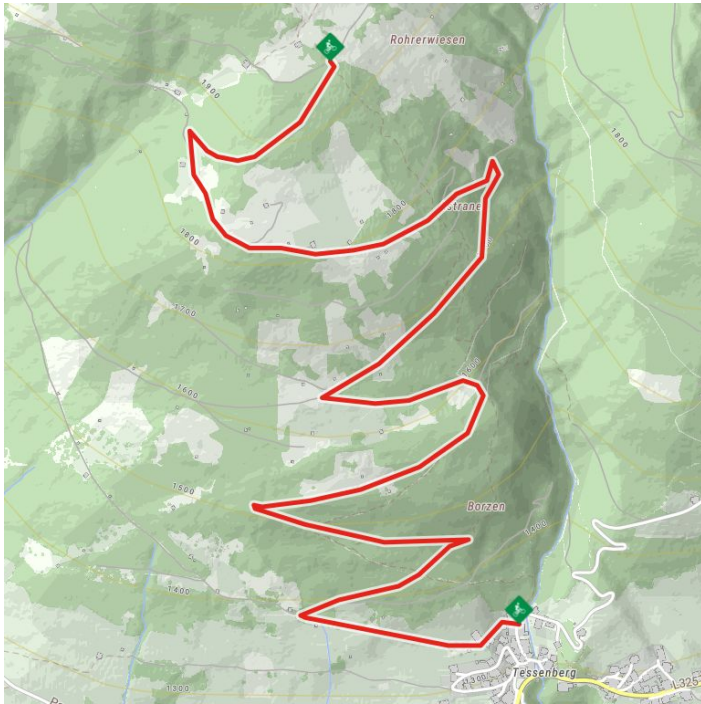
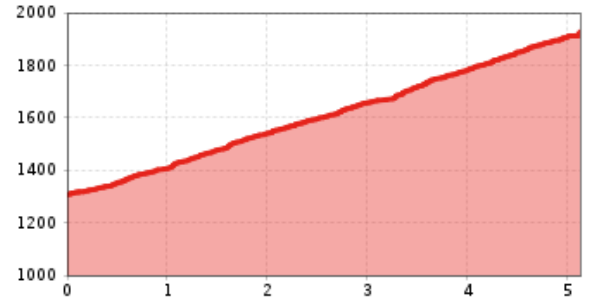


Medium-difficulty mountain bike tour to the Tessenberger Alm



## Altitude profile



## The most important at a glance

<b>distance</b> 5.3 km	<b>altitude meters uphill</b> 630 m	<b>highest point</b> 1930 m	<b>difficulty</b> average	<b>circuit</b> no
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fitness:



technique:



**starting point:** Heinfels-Tessenberg (1320m)  
**destination point:** Tessenberger Alm (1950m)  
**best season:** MAY, JUN, JUL, AUG, SEP, OCT

## arrival

**Parking spot**

Tessenberg Parking Lot

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The starting point of this moderately difficult MTB route is the picturesque village of Tessenberg (1,320 metres). From here, the route winds its way uphill, first along a tarmac road and then along the forest path, a crisp 630 metres in altitude. The destination of the route is the Tessenberger Alm! Although it is not serviced, the sensational panoramic views of the Carnic main ridge and the Lienz and Sexten Dolomites alone make the ascent worthwhile. Bike & Hike fans can also tackle the ascent to the romantically situated "Tessenberger See"!