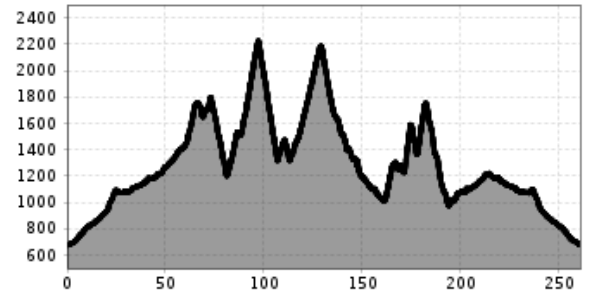


## Altitude profile



## The most important at a glance

<b>distance</b> 260 km	<b>altitude meters uphill</b> 5000 m	<b>altitude meters downhill</b> 5000 m	<b>highest point</b> 2240 m
<b>difficulty</b>	<b>circuit</b> yes		

**starting point:** Lienz 680m  
**destination point:** Lienz 680m  
**best season:** MAY, JUN, JUL, AUG, SEP, OCT

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

We start in a westerly direction and from Dobbiaco set course for Cortina d'Ampezzo. In between, we can enjoy an espresso with a magnificent view of the Three Peaks at the bikers' meeting point of Lago di Misurina. Then the venue of the 1956 and 2026 Olympic Games is reached and just a few kilometres later, the approach to the Passo di Giau, with over 60 hairpin bends, is a paradise for every motorbike fan. The following combination of the Falzarego and Valparola Passes is not to be outdone and offers motorbike enjoyment and fantastic panoramas in one stretch. At the top of the Valparola Pass, the Tre Sassi fortress houses a museum on the First World War. The small, fine Furkelpass starts the return journey to Osttirol, which can be garnished with a visit to the Pragser Wildsee lake.

Extra tip 1: With the Pordoijoch, the Sellajoch and the Grödner Joch, this alternative route presents the three most beautiful passes of the Sella circuit.

Extra tip 2: The Würzjoch and the circumnavigation of the Plöse, a mountain range with several peaks, make this tour extension a highlight for experienced motorbike tourers.