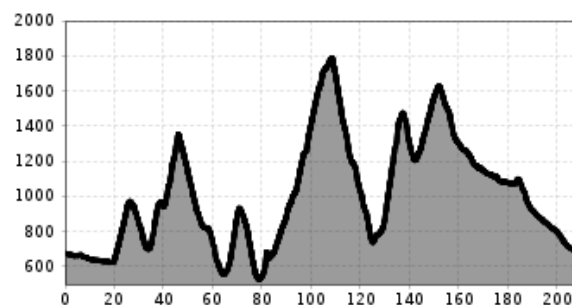


Altitude profile



The most important at a glance

distance
208 km

altitude meters uphill
4000 m

altitude meters downhill
4000 m

highest point
1780 m

difficulty

circuit
yes

starting point: Lienz 680m
destination point: Lienz 680m
best season: MAY, JUN, JUL, AUG, SEP, OCT

Gpx file

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Interactive map

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Description

The Gailbergsattel and the Plöckenpass introduce this strong tour into Friuli. The Sella Valcalda then quickly delivers more Italian curves and hairpin bends before the Val Pesarina with its forests, meadows and river courses can be enjoyed in a relaxed glide. Then, in the direction of Vigo, the popular road twists and turns await again, such as those of the almost 20-kilometre-long Sella Ciampigotto. The Kreuzbergpass then leads to the Pustertal valley and soon Osttirol is reached again.

Extra tip 1: For the dotted route, you should bring a lot of experience and a lot of stamina, because with Monte Zoncolan and the Pura Pass, there are two Alpine crossings on the programme that require strong arms behind the handlebars. For connoisseurs, a stop in Sauris is a must. The town is famous for its raw, smoked ham.

Extra tip 2: With the almost unknown, but very attractive, Passo Cibiana, tours 7 and 8 can be linked together and combined into alternative routes.