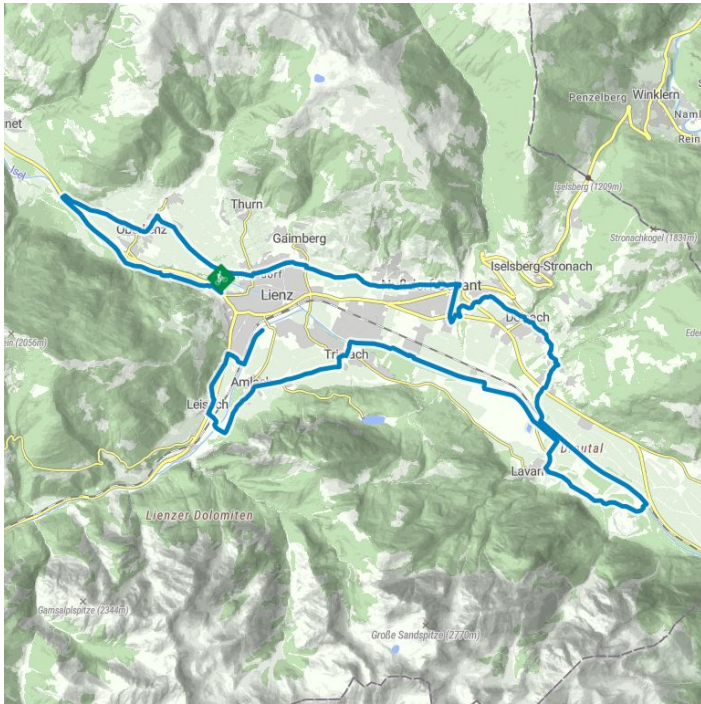
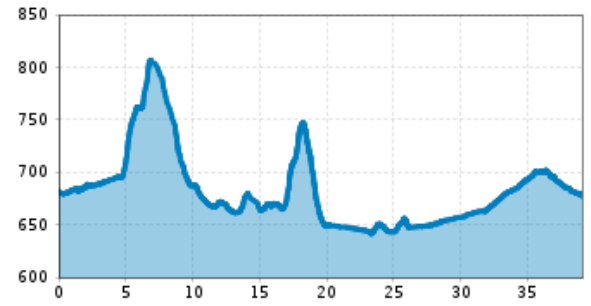


Lienz valley floor cycle route No. 35

This cycle route (Lienzer Talboden) leads around the capital Lienz through the surrounding villages.



Altitude profile



The most important at a glance

distance
40 km

altitude meters uphill
220 m

altitude meters downhill
220 m

highest point
770 m

difficulty
easy

circuit
no

fitness:

* * * * *

technique:

* * * * *

public transport:

Take the bus to the bus stop "Lienz Hochstein/Schloss Bruck".

parking:

starting point: Hochstein car park
destination point: Lienz, Abzw. Schloss Bruck (682m)
best season: Lienz, Abzw. Schloss Bruck (682m)
MAY, JUN, JUL, AUG, SEP

arrival

Stop

Lienz (Tirol) Hochstein/Schloss Bruck

Parking spot

Car park Klammbrückl

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

In the Lienz valley floor the cycle route proceeds around the main town in the district to the surrounding villages. The route is 40 km in length and therefore very suitable for family day excursions.

You can board at the valley station of the Hochsteinbahn in Lienz. If you follow the signs in direction of the Iseltal, you will get to Glanzer Bridge via the Iseltal Cycle Path, on across a little slope through the centre of Oberlienz, past idyllic country lanes north past Lienz to Debant, to the Roman settlement Aguntum, to Stribach, Dölsach and Gödnach. The tour across the Drava Cycle Path towards Carinthia is worthwhile since you will pass the Frauenbach Waterfall back on the way back via Lavant.

Cyclists will return along the Dolomite golf course next to the river Drava through the villages of Tristach, Amlach and Leisach. The cycle route is consistently signposted and marked with a seal. It is very varied, has only small slopes and offers beautiful views at many places. The main road can safely be crossed through underpasses. Numerous restaurants invite the cyclist to linger in beautiful gardens.