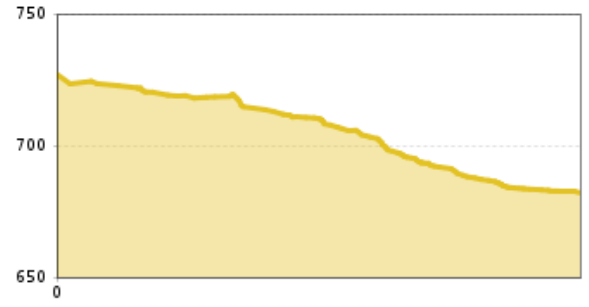




Altitude profile



The most important at a glance

distance 0.5 km	altitude meters downhill 42 m	highest point 727 m	difficulty easy	circuit no
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fitness:

* * * * *

technique:

* * * * *

public transport:

By bus to the "Lienz Hochstein/Schloss Bruck" bus stop.

parking:

Schlossbergbahn valley station car park

starting point:

End of Flow Family Trail

destination point:

Valley Station Schlossbergbahn Lienz

best season:

MAY, JUN, JUL, AUG, SEP

arrival

Stop

Lienz (Tirol) Hochstein/Schloss Bruck

Parking spot

Car park Klammbrückl

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The Benjamin Karl Trail starts right at the end of the Flow Family Trail and runs for around 700 meters to the valley station of the gondola lift. The trail was designed for families and beginners, but also offers plenty of fun for experienced bikers. The trail impresses with a variety of elements: in addition to a chicken line, there is a precisely shaped trick jump and an impressive drop from the club container. The trail is classified as easy/blue and is ideal as a final lap after the Flow Family Trail.