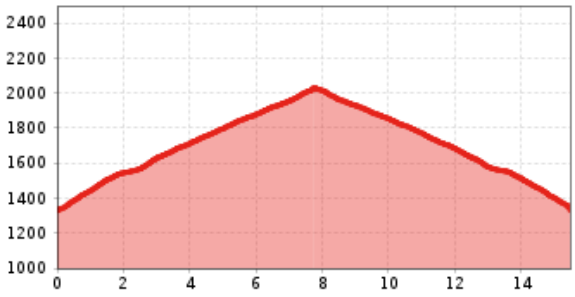
111 | Fronstadler Alm

Medium-difficulty mountain bike tour to the Fronstadler Alm

Altitude profile



111 | Fronstadler Alm

The most important at a glance

distance	altitude meters uphill	altitude meters downhill	highest point
15.4 km	790 m	690 m	2027 m

difficulty	circuit
average	no

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

parking:

Mit dem Auto bis ins Ortszentrum von Strassen von dort mit dem Rad bis Fronstadl
Parkplatz im Zentrum von Strassen

starting point: Tessenberg/Fronstadl (1340m)
destination point: Fronstadlalm (2030m)
best season: MAY, JUN, JUL, AUG, SEP, OCT

Gpx file

download>

Interactive map

open>

Description

The starting point for the "Fronstadler Alm" bike tour is the town of Fronstadl (1350 m) in the district of Strassen. From here it is initially some 400m steep uphill (tarmac). There follows a lovely scenic, meandering forest trail to the Fronstadler Alm. At kilometre 10.7 the descent offers a variant (circular course), passing "rotem Schotter" an old abandoned mine and leading at 11,9 km into the original route.