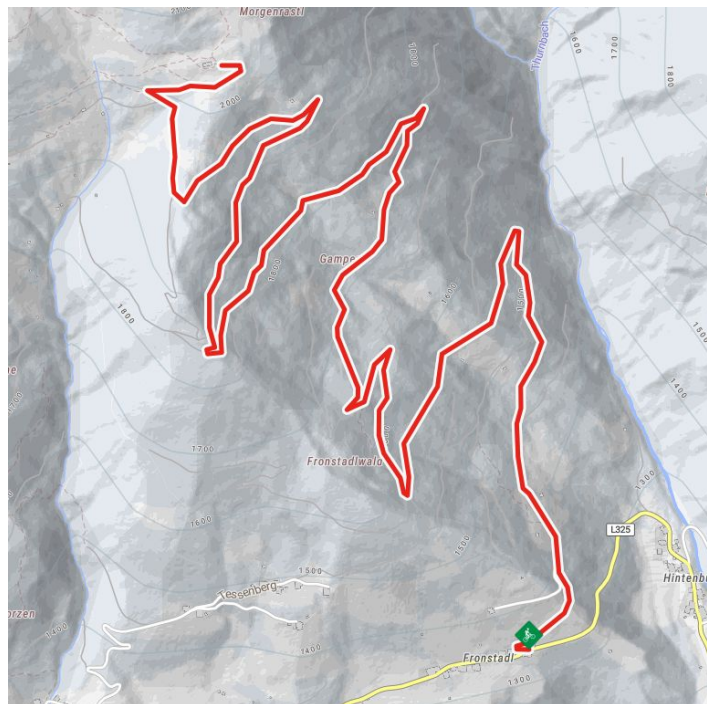
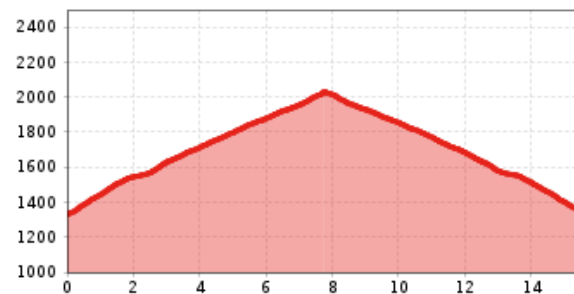


Medium-difficulty mountain bike tour to the Fronstadler Alm



Altitude profile



The most important at a glance

distance
15.4 km

altitude meters uphill
790 m

altitude meters downhill
690 m

highest point
2027 m

difficulty
average

circuit
no

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

parking:

starting point:

destination point:

best season:

Mit dem Auto bis ins Ortszentrum von Strassen von dort mit dem Rad bis Fronstadl
Parkplatz im Zentrum von Strassen
Tessenberg/Fronstadl (1340m)
Fronstadlalm (2030m)
MAY, JUN, JUL, AUG, SEP, OCT

Gpx file

Interactive map

[download>](#)

[open>](#)

Description

The starting point for the "Fronstadler Alm" bike tour is the town of Fronstadl (1350 m) in the district of Strassen. From here it is initially some 400m steep uphill (tarmac). There follows a lovely scenic, meandering forest trail to the Fronstadler Alm. At kilometre 10.7 the descent offers a variant (circular course), passing "rotem Schotter" an old abandoned mine and leading at 11,9 km into the original route.