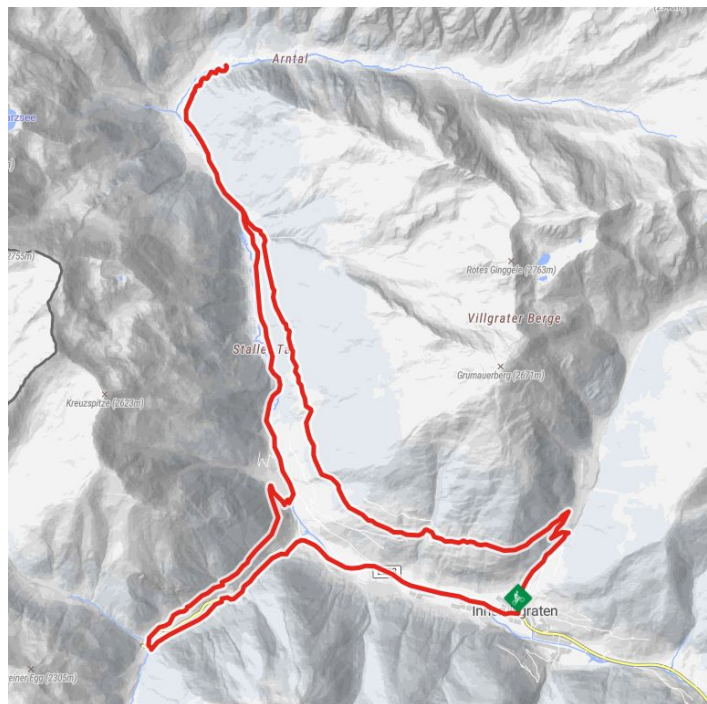
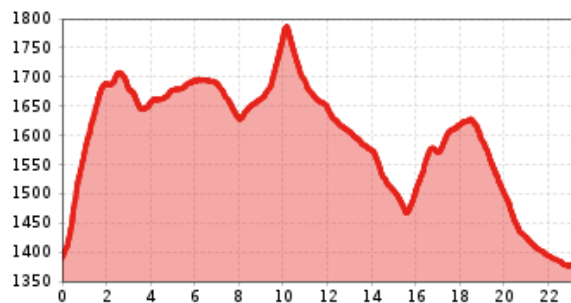


Biking in wide alpine pastures amidst the unspoilt mountain world of Innervillgraten



## Altitude profile



## The most important at a glance

distance  
24 km

altitude meters uphill  
720 m

altitude meters downhill  
720 m

highest point  
1790 m

difficulty  
average

circuit  
yes

fitness:

★ ★ ★ ★ ★

technique:

★ ★ ★ ★ ★

parking:

starting point:

destination point:

best season:

Mit dem Auto bis ins Ortszentrum von Innervillgraten  
Parkplatz im Zentrum von Innervillgraten  
Innervillgraten (1380m)  
Innervillgraten (1380m)  
MAY, JUN, JUL, AUG, SEP, OCT

## arrival

Parking spot

Car park Innervillgraten Center

## Gpx file

## Interactive map

[download>](#)

[open>](#)

## Description

Those of you who want to cycle in a naturally maintained mountain valley, really will be very well catered for on the „Berg-Radl-Weg Innervillgraten“. For broad Alpine pastures and a superb, unspoilt mountain realm make the valley a real paradise. It is wonderful to tackle the route in another direction - direct in the village, starting at 1402 metres, the cycle route proceeds in a northerly direction initially up to Taletalm. Well before this the forest trail branches off to the left to Berglet Höfen at 1700 m. From here proceed on a not much used road from the Hochberg to the Unterstalleralm snack station, and continue to Oberstalleralm which is set in a picturesque location. After this the tour returns via Unterstalleralm again, along the Arntalweg up to the „Klamme“. After the Bodemair bridge the route passes Bodemair Höfen. Soon afterwards the Schöneeggshof then provides what is almost the most beautiful view around across Villgratental. The final ascent now awaits, which at 200 metres altitude, is moderate. On the Peststeig along to the Maria Schnee pilgrimage church. The route continues downhill at Kalksteiner Bach and the smugglers' path to Alpengasthof Bad Kalkstein, before taking cyclists via the rural round (around 2 km) and on the path which proceed along the river bank back to Innervillgraten village centre again.