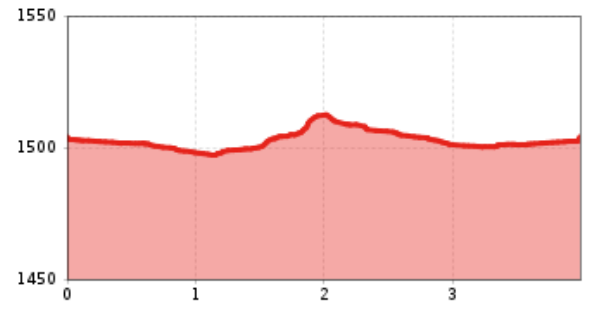




**Altitude profile**



## The most important at a glance

distance 4.1 km	snowed no	difficulty average	start altitude 1500 m	destination altitude 1500 m
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altitude meters uphill 30 m	highest point 1520 m	special accommodation for cross country skier yes
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barrier-free no	biathlon no	cross country seal of quality no
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### fitness:

\* \* \* \* \*

### technique:

\* \* \* \* \*

### parking:

Car park Matrier Tauernhaus  
JAN, FEB, MAR, DEC

**best season:**  
state: closed

## arrival

### Parkplatz

Car park Matrier Tauernhaus 1.510m

## Gpx file

[download>](#)

## Interactive map

[open>](#)

## Description

The varied Moosrunde trail starts at the Tauernhaus valley exit and initially runs alongside the Tauernhausrunde trail before branching off to the right after approx. 500 metres and running along several bridges with romantic barns along the Tauernbach stream. At the easternmost end, you cross a bridge and head back into the valley on the other side. After the trail briefly swings back into the open meadows, there is an ascent into the LÖppwald forest (if you want to save yourself the climb and the rapid descent, you can take a shortcut to the right via a variant in the flat field). After the descent, the trail loops back and heads out of the valley again along the Tauernbach stream until you reach the first bridge from the outward journey. From here, it's a short stretch with oncoming traffic back to the Tauernhaus.