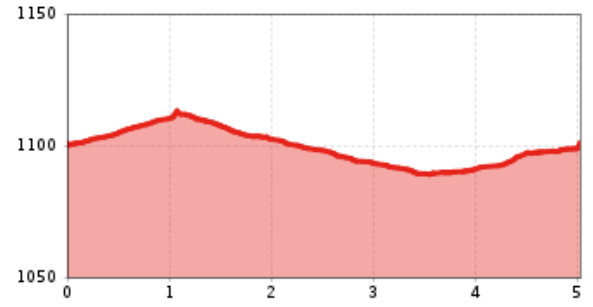




**Altitude profile**



## The most important at a glance

distance 5.1 km	snowed no	difficulty average	start altitude 1100 m	destination altitude 1100 m
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altitude meters uphill 11 m	highest point 1132 m	special accommodation for cross country skier no
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barrier-free no	biathlon no	cross country seal of quality yes
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fitness:

\* \* \* \* \*

technique:

\* \* \* \* \*

public transport:

Bus stop Virgen Kirche or Virgen Abzw. Obermauern

parking:

Car park Würfelehütte  
JAN, FEB, MAR, DEC

best season:

state: closed

**Gpx file**

**Interactive map**

[download>](#)

[open>](#)

## Description

You will find the best conditions for endurance training on the moderately difficult „Isel slope“. Initially the slope proceeds up the river, after a kilometre it goes over the bridge and back on the other side of the river. At the 2.2 kilometre point there is the option of shortening the circuit, otherwise the proceeds on the flat through a section of forest to the turning point. Cross the bridge, following the Isel upstream to the starting point.