



Altitude profile



The most important at a glance

distance 6.9 km	snowed no	difficulty average	start altitude 1300 m	destination altitude 1300 m
---------------------------	---------------------	------------------------------	---------------------------------	---------------------------------------

altitude meters uphill 102 m	highest point 1359 m	special accommodation for cross country skier yes
--	--------------------------------	---

barrier-free no	biathlon no	cross country seal of quality no
---------------------------	-----------------------	--

public transport:

Bus stop Prägraten a. G. Gemeinde
JAN, FEB, MAR, DEC

best season:
state: closed

arrival

Stop

Prägraten am Großvenediger Gemeindeamt

Parking spot

Car park Freizeitzentrum Gries 1.300m

Gpx file

[download>](#)

Interactive map

[open>](#)

Description

The "Isel slope" lives up to its name. It proceeds along the entire length of the left and right sides of the River Isel. With wonderful surrounding scenery, you are accompanied by the constant sound of the mountain river and the hoar frost which sticks to the trees and branches provides a unique view. After the start at the leisure centre, the slope proceeds to Unterfeld and from there climbs slightly, passing the hamlet of Hinterbichl. After a short section of descent you cross the River Isel and continue via Toinig bridge to the Toinig loop. The return section proceeds to Unterfeld, back on the same route. From there, continue to the starting point at the leisure centre.